

REDWOOD

July 2026 Menu

WEEK 1															
Monday, June 29, 2026								Tuesday, June 30, 2026							
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod
	Breakfast								Breakfast						
A	See Last Month's Menu	0	0	0	0	0	0	A	See Last Month's Menu	0	0	0	0	0	0
	Lunch								Lunch						
A	See Last Month's Menu	0	0	0	0	0	0								
	Snack								Snack						
A	See Last Month's Menu	0	0	0	0	0	0	A	See Last Month's Menu	0	0	0	0	0	0
Wednesday, July 1, 2026								Thursday, July 2, 2026							
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items						
	Breakfast								Breakfast						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
89	Pears	12	80	0	0	0	0	88	Peaches	12	60	0	0	0	0
166	BagelWG	0	0	0	0	0	0	21	Cereal WG	15	100	0	0	0	0
	Lunch								Lunch						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
116	Turkey Sausage	15	60	0	0	0	0	181	Chicken Caesar Salad(A) chicken sandw	0	0	0	0	0	0
66	Hashbrown	22	150	0	0	0	0	172	Salad /Dressing (A) Green beans(C)	0	0	0	0	0	0
81	Mixed Fruit	15	100	0	0	0	0	10	Banana	15	40	0	0	0	0
207	French Toast Casserole (A) Fr. Toast S	0	0	0	0	0	0	106	Roll	15	100	0	0	0	0
								12	Wheat Bun	0	0	0	0	0	0
	Snack								Snack						
80	Milk	12	100	0	0	0	0	59	Grape Juice	16	20	0	0	0	0
57	Goldfish Crackers WG	20	100	0	0	0	0								
								123	Yogurt	12	80	0	0	0	0
Friday, July 3, 2026															
Item#	Menu Items														
	Breakfast														
144	HOLIDAY SCHOOL CLOSED	0	0	0	0	0	0								
	Lunch														
	Snack														
144	HOLIDAY SCHOOL CLOSED	0	0	0	0	0	0								

- Milk
Fruit/Veg./Juice
Grains
Grains
- Milk
Meat/Meat Alternate
Fruit/Veg.
Fruit/Veg.
Grains
Grains
- Milk
Fruit/Veg./Juice
Grains
Meat/Meat Alternate
- Milk
Fruit/Veg./Juice
Grains
Grains
- Milk
Meat/Meat Alternate
Fruit/Veg.
Fruit/Veg.
Grains
Grains
- Milk
Fruit/Veg./Juice
Grains
Meat/Meat Alternate
- Milk
Fruit/Veg./Juice
Grains
Grains
- Milk
Meat/Meat Alternate
Fruit/Veg.
Fruit/Veg.
Grains
Grains
- Milk
Fruit/Veg./Juice
Grains
Meat/Meat Alternate

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national, origin, sex, age, or disability. To file a complaint of discrimination, write USDA Director Office of Adjudication, 1400 Independence Avenue., SW., Washington, DC 20150-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech

REDWOOD

July 2026 Menu

WEEK 2															
Monday, July 6, 2026								Tuesday, July 7, 2026							
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod
Breakfast								Breakfast							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
89	Pears	12	80	0	0	0	0	59	Grape Juice	16	20	0	0	0	0
21	Cereal WG	15	100	0	0	0	0	16	Muffin WG	30	130	0	0	0	0
Lunch								Lunch							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
63	Grilled Chicken	17	60	0	0	0	0	140	Cheeseburger	0	0	0	0	0	0
101	Potato Wedges	25	100	0	0	0	0	61	Green Beans	10	80	0	0	0	0
88	Peaches	12	60	0	0	0	0	5	Apple Slices	8	30	0	0	0	0
12	Wheat Bun	0	0	0	0	0	0	76	Mac & Cheese	17	115	0	0	0	0
Snack								Snack							
80	Milk	12	100	0	0	0	0	122	Bun WG	12	100	0	0	0	0
6	Applesauce	15	60	0	0	0	0	80	Milk	12	100	0	0	0	0
								117	Vanilla Wafers	17	120	0	0	0	0
Wednesday, July 8, 2026								Thursday, July 9, 2026							
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items						
Breakfast								Breakfast							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
46	Cranraisins	15	50	0	0	0	0	89	Pears	12	80	0	0	0	0
49	Cream of Wheat	24	110	0	0	0	0	52	English Muffin Marg/Butter/Jelly	12	100	0	0	0	0
Lunch								Lunch							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
162	Chicken & Waffles	0	0	0	0	0	0	190	Baked Potato w/cheese	0	0	0	0	0	0
66	Hashbrown	22	150	0	0	0	0	18	Broccoli	10	80	0	0	0	0
81	Mixed Fruit	15	100	0	0	0	0	93	Pineapple	15	60	0	0	0	0
146	Waffles WG	0	0	0	0	0		80	106	Roll	15	100	0	0	0
								162							
								66							
Snack								Snack							
80	Milk	12	100	0	0	0	10	80	Milk	12	100	0	0	0	0
								146							
57	Goldfish Crackers WG	20	100	0	0	0	0								
123	Yogurt	12	80	0	0	0	0								
Friday, July 10, 2026															
Item#	Menu Items														
Breakfast															
80	Milk	12	100	0	0	0	0								
10	Banana	15	40	0	0	0	0								
54	Fr. Toast/Syrup-Wheat(A)	12	180	0	0	0	0								
Lunch															
80	Milk	12	100	0	0	0	0								
128	Chef Salad (A) Sunbutter Jelly (C)	0	0	0	0	0	0								
137	Salad/Dressing (A) Broccoli (C)	0	0	0	0	0	0								
10	Banana	15	40	0	0	0	0								
106	Roll	15	100	0	0	0	0								
Snack															
80	Milk	12	100	0	0	0	0								
77	Mandarin Oranges	12	60	0	0	0	0								

Milk
Fruit/Veg./Juice
Grains
Grains

Milk
Meat/Meat Alternate
Fruit/Veg.
Fruit/Veg.
Grains
Grains

Milk
Fruit/Veg./Juice
Grains
Meat/Meat Alternate

Milk
Fruit/Veg./Juice
Grains
Grains

Milk
Meat/Meat Alternate
Fruit/Veg.
Fruit/Veg.
Grains
Grains

Milk
Fruit/Veg./Juice
Grains
Meat/Meat Alternate

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA Director Office of Adjudication, 1400 Independence Avenue., SW., Washington, DC 20150-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech

REDWOOD

July 2026 Menu

WEEK 3															
Monday, July 13, 2026								Tuesday, July 14, 2026							
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod
Breakfast								Breakfast							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
88	Peaches	12	60	0	0	0	0	93	Pineapple	15	60	0	0	0	0
16	Muffin WG	30	130	0	0	0	0	165	Cinnamon Roll	0	0	0	0	0	0
Lunch								Lunch							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
156	Pork Tender Sandwhich (A) Chicken P	0	0	0	0	0	0	37	Chicken Tenders	25	240	0	0	0	0
55	French Fries/Catsup	22	110	0	0	0	0	61	Green Beans	10	80	0	0	0	0
81	Mixed Fruit	15	100	0	0	0	0	79	Mashed Potato	34	160	0	0	0	0
Snack								Snack							
12	Wheat Bun	0	0	0	0	0	0	106	Roll	15	100	0	0	0	0
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
57	Goldfish Crackers WG	20	100	0	0	0	0	102	Pretzels (Soft) WG	30	100	0	0	0	0
Wednesday, July 15, 2026								Thursday, July 16, 2026							
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod
Breakfast								Breakfast							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
88	Peaches	12	60	0	0	0	0	6	Applesauce	15	60	0	0	0	0
141	Pancakes	35	210	0	0	0	0	123	Yogurt	12	80	0	0	0	0
Lunch								Lunch							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
177	General Tso Chicken (A) Chicken Nugg	0	0	0	0	0	0	51	Eggs Scrambled w/Cheese & sausagege	25	100	0	0	0	0
178	Stir fry Vegetable (A) Broccoli (C)	0	0	0	0	0	0	66	Hashbrown	22	150	0	0	0	0
93	Pineapple	15	60	0	0	0	0	81	Mixed Fruit	15	100	0	0	0	0
179	Rice	0	0	0	0	0	0	Snack							
Snack								14	Biscuits	12	130	0	0	0	0
80	Milk	12	100	0	0	0	0	Snack							
136	Graham Crackers WG	0	0	0	0	0	0	59	Grape Juice	16	20	0	0	0	0
Friday, July 17, 2026								130	Cheese String	0	0	0	0	0	0
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod								
Breakfast															
80	Milk	12	100	0	0	0	0								
89	Pears	12	80	0	0	0	0								
14	Biscuits	12	130	0	0	0	0								
Lunch															
80	Milk	12	100	0	0	0	0								
181	Chicken Caesar Salad(A) chicken sandw	0	0	0	0	0	0								
172	Salad /Dressing (A) Green beans(C)	0	0	0	0	0	0								
10	Banana	15	40	0	0	0	0								
56	Garlic Bread	12	100	0	0	0	0								
Snack															
80	Milk	12	100	0	0	0	0								
21	Cereal WG	15	100	0	0	0	0								

Milk
Fruit/Veg./Juice
Grains
Grains
Milk
Meat/Meat Alternate
Fruit/Veg.
Fruit/Veg.
Grains
Grains
Milk
Fruit/Veg./Juice
Grains
Meat/Meat Alternate
Milk
Fruit/Veg./Juice
Grains
Grains
Milk
Meat/Meat Alternate
Fruit/Veg.
Fruit/Veg.
Grains
Grains
Milk
Fruit/Veg./Juice
Grains
Meat/Meat Alternate
Milk
Fruit/Veg./Juice
Grains
Grains
Milk
Meat/Meat Alternate
Fruit/Veg.
Fruit/Veg.
Grains
Grains
Milk
Fruit/Veg./Juice
Grains
Meat/Meat Alternate

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national, origin, sex, age, or disability. To file a complaint of discrimination, write USDA Director Office of Adjudication, 1400 Independence Avenue., SW., Washington, DC 20150-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech

REDWOOD

July 2026 Menu

WEEK 4															
Monday, July 20, 2026								Tuesday, July 21, 2026							
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod
Breakfast								Breakfast							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
93	Pineapple	15	60	0	0	0	0	89	Pears	12	80	0	0	0	0
14	Biscuits	12	130	0	0	0	0	52	English Muffin Marg/Butter/Jelly	12	100	0	0	0	0
Lunch								Lunch							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
138	Chicken Patty	0	0	0	0	0	0	44	Corn Dog	30	150	0	0	0	0
175	Broccoli Salad (A) Broccoli (C)	0	0	0	0	0	0	186	Tater tots	0	0	0	0	0	0
81	Mixed Fruit	15	100	0	0	0	0	77	Mandarin Oranges	12	60	0	0	0	0
122	Bun WG	12	100	0	0	0	0	12	Wheat Bun	0	0	0	0	0	0
Snack								Snack							
119	Water	0	0	0	0	0	0	80	Milk	12	100	0	0	0	0
45	Crackers	20	100	0	0	0	0	102	Pretzels (Soft) WG	30	100	0	0	0	0
28	Cheese	4	180	0	0	0	0								
Wednesday, July 22, 2026								Thursday, July 23, 2026							
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items						
Breakfast								Breakfast							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
6	Applesauce	15	60	0	0	0	0	84	Juice	15	60	0	0	0	0
16	Muffin WG	30	130	0	0	0	0	166	Bagel/WG	0	0	0	0	0	0
Lunch								Lunch							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
198	Salisbury Steak	0	0	0	0	0	0	182	Cheese Coney (A) Hamburger w/Cheese	0	0	0	0	0	0
79	Mashed Potato	34	160	0	0	0	0	55	French Fries/Catsup	22	110	0	0	0	0
42	Corn (A) Peas (C)	15	80	0	0	0	0	93	Pineapple	15	60	0	0	0	0
106	Roll	15	100	0	0	0	0								
Snack								Snack							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
123	Yogurt	12	80	0	0	0	0	105	Cereal	0	0	0	0	0	0
Friday, July 24, 2026															
Item#	Menu Items														
Breakfast															
80	Milk	12	100	0	0	0	0								
88	Peaches	12	60	0	0	0	0								
16	Muffin WG	30	130	0	0	0	0								
Lunch															
80	Milk	12	100	0	0	0	0								
96	Pizza	35	225	0	0	0	0								
112	Toss Salad (A) Peas (C)	5	25	0	0	0	0								
77	Mandarin Oranges	12	60	0	0	0	0								
Snack															
80	Milk	12	100	0	0	0	0								
10	Banana	15	40	0	0	0	0								

Milk
Fruit/Veg./Juice
Grains
Grains

Milk
Meat/Meat Alternate
Fruit/Veg.
Fruit/Veg.
Grains
Grains

Milk
Fruit/Veg./Juice
Grains
Meat/Meat Alternate

Milk
Fruit/Veg./Juice
Grains
Grains

Milk
Meat/Meat Alternate
Fruit/Veg.
Fruit/Veg.
Grains
Grains

Milk
Fruit/Veg./Juice
Grains
Meat/Meat Alternate

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA Director Office of Adjudication, 1400 Independence Avenue., SW., Washington, DC 20150-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech

REDWOOD

July 2026 Menu

WEEK 5															
Monday, July 27, 2026								Tuesday, July 28, 2026							
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod
Breakfast								Breakfast							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
10	Banana	15	40	0	0	0	0	4	Apple Juice	12	60	0	0	0	0
166	BagelWG	0	0	0	0	0	0	21	Cereal WG	15	100	0	0	0	0
Lunch								Lunch							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
208	Hot Dog/Bratt /Metts .(A) Ch.burger (C	0	0	0	0	0	0	167	Cracked Chicken Spaghetti	0	0	0	0	0	0
168	Baked Beans (A) Grenn Beans ©	0	0	0	0	0	0	18	Broccoli	10	80	0	0	0	0
40	Cole Slaw (A) Peaches (C)	12	110	0	0	0	0	93	Pineapple	15	60	0	0	0	0
122	Bun WG	12	100	0	0	0	0	56	Garlic Bread	12	100	0	0	0	0
Snack								Snack							
77	Mandarin Oranges	12	60	0	0	0	0	80	Milk	12	100	0	0	0	0
130	Cheese String	0	0	0	0	0	0	57	Goldfish Crackers WG	20	100	0	0	0	0
Wednesday, July 29, 2026								Thursday, July 30, 2026							
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items						
Breakfast								Breakfast							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
93	Pineapple	15	60	0	0	0	0	88	Peaches	12	60	0	0	0	0
16	Muffin WG	30	130	0	0	0	0	169	Cinnamon Roll	0	0	0	0	0	0
Lunch								Lunch							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
124	Tuna Salad	0	0	0	0	0	0	115	Turkey Cheese Sandwiches	12	230	0	0	0	0
101	Potato Wedges	25	100	0	0	0	0	186	Tater tots	0	0	0	0	0	0
77	Mandarin Oranges	12	60	0	0	0	0	89	Pears	12	80	0	0	0	0
121	Bread WG	12	80	0	0	0	0	121	Bread WG	12	80	0	0	0	0
Snack								Snack							
80	Milk	12	100	0	0	0	0								
102	Pretzels (Soft) WG	30	100	0	0	0	0	84	Juice	15	60	0	0	0	0
								123 Yogurt							
Friday, July 31, 2026															
Item#	Menu Items														
Breakfast															
80	Milk	12	100	0	0	0	0								
46	Cranraisins	15	50	0	0	0	0								
49	Cream of Wheat	24	110	0	0	0	0								
Lunch															
80	Milk	12	100	0	0	0	0								
128	Chef Salad (A) Sunbutter Jelly (C)	0	0	0	0	0	0								
137	Salad/Dressing (A) Broccoli (C)	0	0	0	0	0	0								
10	Banana	15	40	0	0	0	0								
45	Crackers	20	100	0	0	0	0								
209	Bread (C)	0	0	0	0	0	0								
Snack															
80	Milk	12	100	0	0	0	0								
136	Graham Crackers WG	0	0	0	0	0	0								

Milk
Fruit/Veg./Juice
Grains
Grains

Milk
Meat/Meat Alternate
Fruit/Veg.
Fruit/Veg.
Grains
Grains

Milk
Fruit/Veg./Juice
Grains
Meat/Meat Alternate

Milk
Fruit/Veg./Juice
Grains
Grains

Milk
Meat/Meat Alternate
Fruit/Veg.
Fruit/Veg.
Grains
Grains

Milk
Fruit/Veg./Juice
Grains
Meat/Meat Alternate

Milk
Fruit/Veg./Juice
Grains
Grains

Milk
Meat/Meat Alternate
Fruit/Veg.
Fruit/Veg.
Grains
Grains

Milk
Fruit/Veg./Juice
Grains
Meat/Meat Alternate

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national, origin, sex, age, or disability. To file a complaint of discrimination, write USDA Director Office of Adjudication, 1400 Independence Avenue., SW., Washington, DC 20150-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech