

REDWOOD

MAY MENU 2026

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WEEK 1																
Monday, April 27, 2026								Tuesday, April 28, 2026								
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	
Breakfast								Breakfast								
A	See Last Month's Menu	0	0	0	0	0	0	A	See Last Month's Menu	0	0	0	0	0	0	
Lunch								Lunch								
A	See Last Month's Menu	0	0	0	0	0	0	A	See Last Month's Menu	0	0	0	0	0	0	
Snack								Snack								
A	See Last Month's Menu	0	0	0	0	0	0	A	See Last Month's Menu	0	0	0	0	0	0	
Wednesday, April 29, 2026								Thursday, April 30, 2026								
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	
Breakfast								Breakfast								
A	See Last Month's Menu	0	0	0	0	0	0	A	See Last Month's Menu	0	0	0	0	0	0	
Lunch								Lunch								
A	See Last Month's Menu	0	0	0	0	0	0	A	See Last Month's Menu	0	0	0	0	0	0	
Snack								Snack								
A	See Last Month's Menu	0	0	0	0	0	0	A	See Last Month's Menu	0	0	0	0	0	0	
Friday, May 1, 2026																
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod									
Breakfast																
80	Milk	12	100	0	0	0	0									
10	Banana	15	40	0	0	0	0									
83	Oatmeal	29	210	0	0	0	0									
Lunch																
80	Milk	12	100	0	0	0	0									
177	Orange Chicken(A)Chicken Nugget (C	0	0	0	0	0	0									
178	Stir fry Vegetable (A) Broccoli (C)	0	0	0	0	0	0									
93	Pineapple	15	60	0	0	0	0									
179	Rice	0	0	0	0	0	0									
Snack																
80	Milk	12	100	0	0	0	0									
130	Cheese String	0	0	0	0	0	0									

Milk
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WEEK 2															
Monday, May 4, 2026							Tuesday, May 5, 2026								
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod
Breakfast							Breakfast								
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
77	Mandarin Oranges	12	60	0	0	0	0	81	Mixed Fruit	15	100	0	0	0	0
105	Cereal WG	0	0	0	0	0	0	165	Cinnamon Roll	0	0	0	0	0	0
Lunch							Lunch								
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
51	Eggs Scrambled w/Cheese	25	100	0	0	0	0	180	Beef Nachos (A) Taco (C)	0	0	0	0	0	0
66	Hashbrown	22	150	0	0	0	0	97	Refried Beans(A) Peas (C)	30	150	0	0	0	0
81	Mixed Fruit	15	100	0	0	0	0	5	Apple Slices	8	30	0	0	0	0
14	Biscuits	12	130	0	0	0	0	74	Lettuce/Tomato/Sour cream (A)	22	65	0	0	0	0
15	Sausage Gravy (A)	19	210	0	0	0	0	212	Chips and Salsa/Guacamole (A) Flour T	0	0	0	0	0	0
Snack							Snack								
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
77	Mandarin Oranges	12	60	0	0	0	0	117	Vanilla Wafers WG	17	120	0	0	0	0
Wednesday, May 6, 2026							Thursday, May 7, 2026								
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod
Breakfast							Breakfast								
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
89	Pears	12	80	0	0	0	0	88	Peaches	12	60	0	0	0	0
146	Waffles WG	0	0	0	0	0	0	120	Bagel	0	0	0	0	0	0
Lunch							Lunch								
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
158	Chicken Tender Wrap (A) Chicken nugg	0	0	0	0	0	0	198	Hawaiian Pork	0	0	0	0	0	0
137	Salad/Dressing (A) Broccoli (C)	0	0	0	0	0	0	199	Asian Slaw (A) Peas(C)	0	0	0	0	0	0
81	Mixed Fruit	15	100	0	0	0	0	93	Pineapple	15	60	0	0	0	0
143	Flour Tortilla (A) Roll (C)	0	0	0	0	0	0	122	Bun	12	100	0	0	0	0
188	Potato Chips (A)	0	0	0	0	0	0	Snack							
Snack							Snack								
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
123	Yogurt	12	80	0	0	0	0	57	Goldfish Crackers WG	20	100	0	0	0	0
Friday, May 8, 2026															
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod								
Breakfast															
80	Milk	12	100	0	0	0	0								
81	Mixed Fruit	15	100	0	0	0	0								
83	Oatmeal	29	210	0	0	0	0								
Lunch															
80	Milk	12	100	0	0	0	0								
65	Ham Sandwich	10	100	0	0	0	0								
213	Carrot Fries	0	0	0	0	0	0								
10	Banana	15	40	0	0	0	0								
121	Bread WG	12	80	0	0	0	0								
Snack															
80	Milk	12	100	0	0	0	0								
77	Mandarin Oranges	12	60	0	0	0	0								

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WEEK 4															
Monday, May 18, 2026							Tuesday, May 19, 2026								
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod
Breakfast							Breakfast								
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
10	Banana	15	40	0	0	0	0	4	Apple Juice	12	60	0	0	0	0
16	Muffin WG	30	130	0	0	0	0	123	Yogurt	12	80	0	0	0	0
Lunch							Lunch								
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
152	Salsbury Steak	0	0	0	0	0	0	63	Grilled Chicken Sandwich	17	60	0	0	0	0
79	Mashed Potato	34	160	0	0	0	0	186	Tater tots	0	0	0	0	0	0
77	Mandarin Oranges	12	60	0	0	0	0	88	Peaches	12	60	0	0	0	0
106	Roll	15	100	0	0	0	0	12	Bun WG	0	0	0	0	0	0
Snack							Snack								
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
21	Cereal WG	15	100	0	0	0	0	102	Pretzels (Soft) WG	30	100	0	0	0	0
Wednesday, May 20, 2026							Thursday, May 21, 2026								
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod
Breakfast							Breakfast								
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
46	Cranraisins	15	50	0	0	0	0	6	Applesauce	15	60	0	0	0	0
49	Cream of Wheat	24	110	0	0	0	0	166	BagelWG	0	0	0	0	0	0
Lunch							Lunch								
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
211	Chipotle Bowl(A) Chicken Nuggets(C)	0	0	0	0	0	0	103	Pulled Beef Sandwich	30	100	0	0	0	0
42	Corn (A) Peas (C)	15	80	0	0	0	0	79	Mashed Potato	34	160	0	0	0	0
89	Pears	12	80	0	0	0	0	61	Green Beans	10	80	0	0	0	0
179	Rice	0	0	0	0	0	0	12	Bun WG	0	0	0	0	0	0
212	Chips and Salsa/Guacamole (A) Flour T	0	0	0	0	0	0	Snack							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
136	Graham Crackers WG	0	0	0	0	0	0	123	Yogurt	12	80	0	0	0	0
Friday, May 22, 2026															
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod								
Breakfast															
80	Milk	12	100	0	0	0	0								
88	Peaches	12	60	0	0	0	0								
16	Muffin WG	30	130	0	0	0	0								
Lunch															
80	Milk	12	100	0	0	0	0								
210	Pimento Cheese Sdandwich(a) Cheese	0	0	0	0	0	0								
151	Sweet Potato Tots	0	0	0	0	0	0								
89	Pears	12	80	0	0	0	0								
121	Bread WG	12	80	0	0	0	0								
Snack															
80	Milk	12	100	0	0	0	0								
10	Banana	15	40	0	0	0	0								

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WEEK 5															
Monday, May 25, 2026							Tuesday, May 26, 2026								
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod
Breakfast							Breakfast								
144	HOLIDAY SCHOOL CLOSED	0	0	0	0	0	0	80	Milk	12	100	0	0	0	0
								81	Mixed Fruit	15	100	0	0	0	0
								141	Pancakes	35	210	0	0	0	0
Lunch							Lunch								
								80	Milk	12	100	0	0	0	0
144	HOLIDAY SCHOOL CLOSED	0	0	0	0	0	0	37	Chicken Tenders	25	240	0	0	0	0
								55	French Fries/Catsup	22	110	0	0	0	0
								93	Pineapple	15	60	0	0	0	0
								106	Roll	15	100	0	0	0	0
Snack							Snack								
								80	Milk	12	100	0	0	0	0
144	HOLIDAY SCHOOL CLOSED	0	0	0	0	0	0	3	Animal Crackers	12	100	0	0	0	0
Wednesday, May 27, 2026							Thursday, May 28, 2026								
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod
Breakfast							Breakfast								
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
88	Peaches	12	60	0	0	0	0	10	Banana	15	40	0	0	0	0
16	Muffin WG	30	130	0	0	0	0	169	Cinnamon Roll	0	0	0	0	0	0
Lunch							Lunch								
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
154	Fish Tacos(A) Sunbutter&Jelly(C)	0	0	0	0	0	0	126	Grilled Cheese	0	0	0	0	0	0
42	Corn (A) Peas (C)	15	80	0	0	0	0	125	Tomato Soup	0	0	0	0	0	0
77	Mandarin Oranges	12	60	0	0	0	0	89	Pears	12	80	0	0	0	0
179	Rice	0	0	0	0	0	0	121	Bread WG	12	80	0	0	0	0
Snack							Snack								
80	Milk	12	100	0	0	0	0	84	Juice	15	60	0	0	0	0
102	Pretzels (Soft) WG	30	100	0	0	0	0	123	Yogurt	12	80	0	0	0	0
Friday, May 29, 2026															
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod								
Breakfast															
80	Milk	12	100	0	0	0	0								
46	Cranraisins	15	50	0	0	0	0								
21	Cereal WG	15	100	0	0	0	0								
Lunch															
80	Milk	12	100	0	0	0	0								
138	Chicken Patty	0	0	0	0	0	0								
55	French Fries/Catsup	22	110	0	0	0	0								
5	Apple Slices	8	30	0	0	0	0								
12	Bun WG	0	0	0	0	0	0								
Snack															
80	Milk	12	100	0	0	0	0								
136	Graham Crackers WG	0	0	0	0	0	0								

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