

# REDWOOD

## April Menu 2026

WEEK 1															
Monday, March 30, 2026								Tuesday, March 31, 2026							
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod
<b>Breakfast</b>								<b>Breakfast</b>							
a	See Last Month's Menu	0	0	0	0	0	0	A	See Last Month's Menu	0	0	0	0	0	0
<b>Lunch</b>								<b>Lunch</b>							
A	See Last Month's Menu	0	0	0	0	0	0	A	See Last Month's Menu	0	0	0	0	0	0
<b>Snack</b>								<b>Snack</b>							
A	See Last Month's Menu	0	0	0	0	0	0	A	See Last Month's Menu	0	0	0	0	0	0
Wednesday, April 1, 2026								Thursday, April 2, 2026							
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod
<b>Breakfast</b>								<b>Breakfast</b>							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
46	Cranraisins	15	50	0	0	0	0	81	Mixed Fruit	15	100	0	0	0	0
49	Cream of Wheat	24	110	0	0	0	0	168	Cinnamon Roll	0	0	0	0	0	0
<b>Lunch</b>								<b>Lunch</b>							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
115	Turkey Cheese/Wheat WG	12	230	0	0	0	0	134	Pot Roast	0	0	0	0	0	0
191	Carrot Fries	0	0	0	0	0	0	79	Mashed Potato	34	160	0	0	0	0
93	Pineapple	15	60	0	0	0	0	61	Green Beans	10	80	0	0	0	0
121	Bread WG	12	80	0	0	0	0	106	Roll WG	15	100	0	0	0	0
<b>Snack</b>								<b>Snack</b>							
4	Juice	12	60	0	0	0	0	80	Milk	12	100	0	0	0	0
130	Cheese String	0	0	0	0	0	0	185	animal cracker	0	0	0	0	0	0
Friday, April 3, 2026															
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod								
<b>Breakfast</b>															
80	Milk	12	100	0	0	0	0								
88	Peaches	12	60	0	0	0	0								
17	Muffin WG	15	100	0	0	0	0								
<b>Lunch</b>															
80	Milk	12	100	0	0	0	0								
124	Tuna Salad\Sand(A) Sunbutter&jelly (C	0	0	0	0	0	0								
55	French Fries\Catsup	22	110	0	0	0	0								
10	Banana	15	40	0	0	0	0								
121	Bread WG	12	80	0	0	0	0								
<b>Snack</b>															
80	Milk	12	100	0	0	0	0								
6	Applesauce	15	60	0	0	0	0								

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## April Menu 2026

WEEK 2																
Monday, April 6, 2026								Tuesday, April 7, 2026								
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	
<b>Breakfast</b>								<b>Breakfast</b>								
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0	
10	Banana	15	40	0	0	0	0	93	Pineapple	15	60	0	0	0	0	
120	Bagel	0	0	0	0	0	0	96	Pancakes WG	35	225	0	0	0	0	
<b>Lunch</b>								<b>Lunch</b>								
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0	
27	Pizza WG	17	230	0	0	0	0	162	GrillChic Spr Salad (A ) Grilled Nuggets	0	0	0	0	0	0	
133	Caesar Salad (A) Broccoli (C )	0	0	0	0	0	0	131	Spring Salad (A) green beans (c )	0	0	0	0	0	0	
88	Peaches	12	60	0	0	0	0	77	Mandarin Oranges	12	60	0	0	0	0	
122	WG Bun	12	100	0	0	0	0									
<b>Snack</b>								<b>Snack</b>								
80	Milk	12	100	0	0	0	0									
136	Graham Crackers WG	0	0	0	0	0	0	45	Crackers	20	100	0	0	0	0	
								28	Cheese	4	180	0	0	0	0	
<b>Wednesday, April 8, 2026</b>								<b>Thursday, April 9, 2026</b>								
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	
<b>Breakfast</b>								<b>Breakfast</b>								
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0	
81	Mixed Fruit	15	100	0	0	0	0	10	Banana	15	40	0	0	0	0	
14	Biscuits	12	130	0	0	0	0	123	Yogurt	12	80	0	0	0	0	
<b>Lunch</b>								<b>Lunch</b>								
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0	
92	Philly Steak/Ch (a) Chicken Patty (C )	16	230	0	0	0	0	37	Chicken Tenders (a) Chicken Nugget (c)	25	240	0	0	0	0	
155	Potato Chips (Staff) Smiley Faces (A & C)	0	0	0	0	0	0	101	Potato Wedges	25	100	0	0	0	0	
89	Pears	12	80	0	0	0	0	177	Cinnamon Apples	0	0	0	0	0	0	
122	WG Bun	12	100	0	0	0	0	146	Waffles WG	0	0	0	0	0	0	
<b>Snack</b>								<b>Snack</b>								
80	Milk	12	100	0	0	0	0									
29	Cheese-Its	17	100	0	0	0	0	59	Juice	16	20	0	0	0	0	
								130	Cheese String	0	0	0	0	0	0	
<b>Friday, April 10, 2026</b>																
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod									
<b>Breakfast</b>																
80	Milk	12	100	0	0	0	0									
77	Mandarin Oranges	12	60	0	0	0	0									
120	Bagel	0	0	0	0	0	0									
<b>Lunch</b>																
80	Milk	12	100	0	0	0	0									
190	Burrito Bowl (A) Burrito (C )	0	0	0	0	0	0									
42	Corn (A) Peas (C )	15	80	0	0	0	0									
6	Applesauce	15	60	0	0	0	0									
167	Chips Queso (A ) Tortilla (C&A )	0	0	0	0	0	0									
164	Rice (A )	0	0	0	0	0	0									
<b>Snack</b>																
80	Milk	12	100	0	0	0	0									
10	Banana	15	40	0	0	0	0									

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## April Menu 2026

WEEK 3																
Monday, April 13, 2026								Tuesday, April 14, 2026								
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	
<b>Breakfast</b>								<b>Breakfast</b>								
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0	
81	Mixed Fruit	15	100	0	0	0	0	88	Peaches	12	60	0	0	0	0	
17	Muffin WG	15	100	0	0	0	0	52	English Muffin Marg/Butter/Jelly	12	100	0	0	0	0	
<b>Lunch</b>								<b>Lunch</b>								
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0	
38	Chili w/Beans	32	210	0	0	0	0	165	Turkey Burger	0	0	0	0	0	0	
137	Salad/Dressing (A) Peas (C )	0	0	0	0	0	0	184	Broccoli Salad (A) Broccoli (C )	0	0	0	0	0	0	
89	Pears	12	80	0	0	0	0	77	Mandarin Oranges	12	60	0	0	0	0	
45	Crackers	20	100	0	0	0	0	122	WG Bun	12	100	0	0	0	0	
<b>Snack</b>								<b>Snack</b>								
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0	
57	Goldfish Crackers WG	20	100	0	0	0	0	136	Graham Crackers WG	0	0	0	0	0	0	
<b>Wednesday, April 15, 2026</b>								<b>Thursday, April 16, 2026</b>								
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	
<b>Breakfast</b>								<b>Breakfast</b>								
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0	
89	Pears	12	80	0	0	0	0	6	Applesauce	15	60	0	0	0	0	
54	Fr. Toast/Syrup-Wheat(A)	12	180	0	0	0	0	14	Biscuits	12	130	0	0	0	0	
<b>Lunch</b>								<b>Lunch</b>								
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0	
109	Steak Hoagie	15	140	0	0	0	0	36	Chicken Salad	25	100	0	0	0	0	
55	French Fries/Catsup	22	110	0	0	0	0	101	Potato Wedges	25	100	0	0	0	0	
5	Apple Slices	8	30	0	0	0	0	81	Mixed Fruit	15	100	0	0	0	0	
122	WG Bun	12	100	0	0	0	0	157	Crossiant	0	0	0	0	0	0	
<b>Snack</b>								<b>Snack</b>								
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0	
30	Chex Mix	12	80	0	0	0	0	10	Banana	15	40	0	0	0	0	
<b>Friday, April 17, 2026</b>																
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod									
<b>Breakfast</b>																
80	Milk	12	100	0	0	0	0									
4	Juice	12	60	0	0	0	0									
21	Cereal WG	15	100	0	0	0	0									
<b>Lunch</b>																
80	Milk	12	100	0	0	0	0									
149	Taco Salad (A ) Tacos (C)	0	0	0	0	0	0									
42	Corn (A) Peas (C )	15	80	0	0	0	0									
10	Banana	15	40	0	0	0	0									
167	Chips Queso (A ) Tortilla (C&A )	0	0	0	0	0	0									
122	WG Bun	12	100	0	0	0	0									
<b>Snack</b>																
80	Milk	12	100	0	0	0	0									
123	Yogurt	12	80	0	0	0	0									

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## April Menu 2026

WEEK 4																
Monday, April 20, 2026								Tuesday, April 21, 2026								
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	
<b>Breakfast</b>								<b>Breakfast</b>								
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0	
10	Banana	15	40	0	0	0	0	145	Juice	0	0	0	0	0	0	
146	Waffles WG	0	0	0	0	0	0	168	Cinnamon Roll	0	0	0	0	0	0	
<b>Lunch</b>								<b>Lunch</b>								
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0	
171	Hot Dog,Mett Bratt(A) Hamburger( C )	0	0	0	0	0	0	37	Chicken Tenders (a) Chicken Nugget (c)	25	240	0	0	0	0	
100	Potato Salad (A) Smiley Faces (C )	25	150	0	0	0	0	61	Green Beans	10	80	0	0	0	0	
5	Apple Slices	8	30	0	0	0	0	93	Pineapple	15	60	0	0	0	0	
122	WG Bun	12	100	0	0	0	0	76	Mac & Cheese	17	115	0	0	0	0	
173	Baked Beans (A)	0	0	0	0	0	0	<b>Snack</b>								
<b>Snack</b>								<b>Snack</b>								
59	Juice	16	20	0	0	0	0	80	Milk	12	100	0	0	0	0	
130	Cheese String	0	0	0	0	0	0	136	Graham Crackers WG	0	0	0	0	0	0	
<b>Wednesday, April 22, 2026</b>								<b>Thursday, April 23, 2026</b>								
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	
<b>Breakfast</b>								<b>Breakfast</b>								
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0	
88	Peaches	12	60	0	0	0	0	6	Applesauce	15	60	0	0	0	0	
14	Biscuits	12	130	0	0	0	0	96	Pancakes WG	35	225	0	0	0	0	
<b>Lunch</b>								<b>Lunch</b>								
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0	
139	Sloppy Joe	0	0	0	0	0	0	169	Turkey DD Sandwich (a ) Turkey Sand (	0	0	0	0	0	0	
77	Mandarin Oranges	12	60	0	0	0	0	48	Cream of Potato Soup	30	150	0	0	0	0	
181	Cole Slaw (A) Peas (C )	0	0	0	0	0	0	93	Pineapple	15	60	0	0	0	0	
12	Wheat Bun	0	0	0	0	0	0	121	Bread WG	12	80	0	0	0	0	
<b>Snack</b>								<b>Snack</b>								
80	Milk	12	100	0	0	0	0	45	Crackers	20	100	0	0	0	0	
102	Pretzels WG	30	100	0	0	0	0	145	Juice	0	0	0	0	0	0	
<b>Friday, April 24, 2026</b>								<b>Friday, April 24, 2026</b>								
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	
<b>Breakfast</b>																
80	Milk	12	100	0	0	0	0									
10	Banana	15	40	0	0	0	0									
21	Cereal WG	15	100	0	0	0	0									
<b>Lunch</b>																
80	Milk	12	100	0	0	0	0									
128	Chef Salad ( A ) / Cheese sandwich ( C )	0	0	0	0	0	0									
156	Lettuce(A ) Green Beans (C )	0	0	0	0	0	0									
6	Applesauce	15	60	0	0	0	0									
45	Crackers	20	100	0	0	0	0									
<b>Snack</b>																
80	Milk	12	100	0	0	0	0									
117	Vanilla Wafers	17	120	0	0	0	0									

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## April Menu 2026

WEEK 5																
Monday, April 27, 2026								Tuesday, April 28, 2026								
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	
<b>Breakfast</b>								<b>Breakfast</b>								
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0	
89	Pears	12	80	0	0	0	0	88	Peaches	12	60	0	0	0	0	
120	Bagel	0	0	0	0	0	0	123	Yogurt	12	80	0	0	0	0	
<b>Lunch</b>								<b>Lunch</b>								
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0	
161	Cheese Coney (A) Hamburger (C )	0	0	0	0	0	0	174	Trio Salad(A) Chicken Salad (C )	0	0	0	0	0	0	
55	French Fries/Catsup	22	110	0	0	0	0	193	Sliced Tomato (A) Smiley face (C )	0	0	0	0	0	0	
81	Mixed Fruit	15	100	0	0	0	0	176	Cantalope	0	0	0	0	0	0	
122	WG Bun	12	100	0	0	0	0	17	Muffin WG	15	100	0	0	0	0	
<b>Snack</b>								<b>Snack</b>								
4	Juice	12	60	0	0	0	0	80	Milk	12	100	0	0	0	0	
102	Pretzels WG	30	100	0	0	0	0	57	Goldfish Crackers WG	20	100	0	0	0	0	
<b>Wednesday, April 29, 2026</b>								<b>Thursday, April 30, 2026</b>								
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	
<b>Breakfast</b>								<b>Breakfast</b>								
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0	
81	Mixed Fruit	15	100	0	0	0	0	88	Peaches	12	60	0	0	0	0	
146	Waffles WG	0	0	0	0	0	0	52	English Muffin Marg/Butter/Jelly	12	100	0	0	0	0	
<b>Lunch</b>								<b>Lunch</b>								
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0	
132	Spaghetti/Meatsauce/Cheese	0	0	0	0	0	0	194	Corn Dogs (A) Hamburgers (C )	0	0	0	0	0	0	
112	Toss Salad (A) Broccoli(C )	5	25	0	0	0	0	55	French Fries/Catsup	22	110	0	0	0	0	
93	Pineapple	15	60	0	0	0	0	77	Mandarin Oranges	12	60	0	0	0	0	
160	Garlic Bread stick	0	0	0	0	0	0	195	Roll(a) Bun (C )	0	0	0	0	0	0	
<b>Snack</b>								<b>Snack</b>								
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0	
185	animal cracker	0	0	0	0	0	0	21	Cereal WG	15	100	0	0	0	0	
<b>Friday, May 1, 2026</b>																
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod									
<b>Breakfast</b>																
b	See Next Month's Menu	0	0	0	0	0	0									
<b>Lunch</b>																
b	See Next Month's Menu	0	0	0	0	0	0									
<b>Snack</b>																
b	See Next Month's Menu	0	0	0	0	0	0									

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