

REDWOOD

FEBRUARY 2026 MENU

WEEK 1															
Monday, February 2, 2026								Tuesday, February 3, 2026							
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod
Breakfast								Breakfast							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
10	Banana	15	40	0	0	0	0	77	Mandarin Oranges	12	60	0	0	0	0
123	Yogurt	12	80	0	0	0	0	165	Cinnamon Roll	0	0	0	0	0	0
Lunch								Lunch							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
63	Grilled Chicken	17	60	0	0	0	0	92	Philly Ch Steak(A) Cheeseburger(C)	16	230	0	0	0	0
186	Tater tots	0	0	0	0	0	0	55	French Fries/Catsup	22	110	0	0	0	0
93	Pineapple	15	60	0	0	0	0	81	Mixed Fruit	15	100	0	0	0	0
12	Bun WG	0	0	0	0	0	0								
								12	Bun WG	0	0	0	0	0	0
Snack								Snack							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
105	Cereal	0	0	0	0	0	0	136	Graham Crackers WG	0	0	0	0	0	0
Wednesday, February 4, 2026								Thursday, February 5, 2026							
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items						
Breakfast								Breakfast							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
89	Pears	12	80	0	0	0	0	81	Mixed Fruit	15	100	0	0	0	0
52	English Muffin Marg/Butter/Jelly	12	100	0	0	0	0	146	Waffles WG	0	0	0	0	0	0
Lunch								Lunch							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
190	Baked Potato w/cheese	0	0	0	0	0	0	197	Enchilada Casserole(A) Burrito(C)	35	250	0	0	0	0
18	Broccoli	10	80	0	0	0	0	209	Corn casserole(A) Peas(C)	0	0	0	0	0	0
88	Peaches	12	60	0	0	0	0	39	Cinnamon Apples	17	120	0	0	0	0
								198	Corn Tortilla	0	0	0	0	0	0
106	Roll	15	100	0	0	0	0								
Snack								chicken patty							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
57	Goldfish Crackers WG	20	100	0	0	0	0	29	Cheese-Its WG	17	100	0	0	0	0
Friday, February 6, 2026															
Item#	Menu Items														
Breakfast															
80	Milk	12	100	0	0	0	0								
93	Pineapple	15	60	0	0	0	0								
14	Biscuits WG	12	130	0	0	0	0								
Lunch															
80	Milk	12	100	0	0	0	0								
181	Chicken Caesar Salad(A) chicken nugg	0	0	0	0	0	0								
113	Toss Salad (A) Carrots (C)	5	25	0	0	0	0								
10	Banana	15	40	0	0	0	0								
47	Cream of Chicken & Wild Rice Soup	30	150	0	0	0	0								
45	Crackers	20	100	0	0	0	0								
Snack															
145	Juice	0	0	0	0	0	0								
30	Chex Mix	12	80	0	0	0	0								

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Meat/Meat Alternate

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FEBRUARY 2026 MENU

WEEK 2															
Monday, February 9, 2026								Tuesday, February 10, 2026							
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod
Breakfast								Breakfast							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
10	Banana	15	40	0	0	0	0	77	Mandarin Oranges	12	60	0	0	0	0
21	Cereal WG	15	100	0	0	0	0	16	Muffin WG	30	130	0	0	0	0
Lunch								Lunch							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
182	Cheese Coney (A) Hamburger w/Chees	0	0	0	0	0	0	210	Italian Sub (a) Turkey Sand (C)	0	0	0	0	0	0
55	French Fries/Catsup	22	110	0	0	0	0	48	Cream of Potato Soup	30	150	0	0	0	0
77	Mandarin Oranges	12	60	0	0	0	0	88	Peaches	12	60	0	0	0	0
12	Bun WG	0	0	0	0	0	0	12	Bun WG	0	0	0	0	0	0
Snack								Snack							
80	Milk	12	100	0	0	0	0								
								145	Juice	0	0	0	0	0	0
136	Graham Crackers WG	0	0	0	0	0	0								
								123	Yogurt	12	80	0	0	0	0
Wednesday, February 11, 2026								Thursday, February 12, 2026							
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items						
Breakfast								Breakfast							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
81	Mixed Fruit	15	100	0	0	0	0	5	Apple Slices	8	30	0	0	0	0
165	Cinnamon Roll	0	0	0	0	0	0	141	Pancakes	35	210	0	0	0	0
Lunch								Lunch							
80	Milk	12	100	0	0	0	0	80	53	12	100	0	0	0	0
134	Chuck Roast	0	0	0	0	0	0	204	Turkey Hot Brown casserole	0	0	0	0	0	0
79	Mashed Potato	34	160	0	0	0	0	18	Broccoli	10	80	0	0	0	0
23	Carrots	10	80	0	0	0	0	77	Mandarin Oranges	12	60	0	0	0	0
106	Roll	15	100	0	0	0	0	121	Bread WG	12	80	0	0	0	0
Snack								Snack							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
117	Vanilla Wafers	17	120	0	0	0	0	57	Goldfish Crackers WG	20	100	0	0	0	0
Friday, February 13, 2026															
Item#	Menu Items														
Breakfast															
80	Milk	12	100	0	0	0	0								
6	Applesauce	15	60	0	0	0	0								
166	BagelWG	0	0	0	0	0	0								
Lunch															
80	Milk	12	100	0	0	0	0								
95	Chicken Tender Salad (A) Chicken Nug	15	50	0	0	0	0								
72	Lettuce (A) smile faces(C)	5	45	0	0	0	0								
93	Pineapple	15	60	0	0	0	0								
208	Chicken Fajita Soup (A)	0	0	0	0	0	0								
143	Flour Tortilla	0	0	0	0	0	0								
Snack															
80	Milk	12	100	0	0	0	0								
77	Mandarin Oranges	12	60	0	0	0	0								

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WEEK 3															
Monday, February 16, 2026								Tuesday, February 17, 2026							
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod
Breakfast								Breakfast							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
46	Cranraisins	15	50	0	0	0	0	6	Applesauce	15	60	0	0	0	0
49	Cream of Wheat	24	110	0	0	0	0	16	Muffin WG	30	130	0	0	0	0
Lunch								Lunch							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
116	Turkey Sausage	15	60	0	0	0	0	213	Beef Tips with gravy	0	0	0	0	0	0
66	Hashbrown	22	150	0	0	0	0	23	Carrots	10	80	0	0	0	0
81	Mixed Fruit	15	100	0	0	0	0	93	Pineapple	15	60	0	0	0	0
54	Fr. Toast/Syrup-Wheat	12	180	0	0	0	0								
								179	Rice	0	0	0	0	0	0
Snack								Snack							
119	Water	0	0	0	0	0	0	80	Milk	12	100	0	0	0	0
45	Crackers	20	100	0	0	0	0	102	Pretzels (Soft) WG	30	100	0	0	0	0
84	Cheese	0	0	0	0	0	0								
Wednesday, February 18, 2026								Thursday, February 19, 2026							
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items						
Breakfast								Breakfast							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
77	Mandarin Oranges	12	60	0	0	0	0	81	Mixed Fruit	15	100	0	0	0	0
14	Biscuits WG	12	130	0	0	0	0	16	Muffin WG	30	130	0	0	0	0
Lunch								Lunch							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
53	Fish	17	150	0	0	0	0	64	Ham & Bean Soup	18	230	0	0	0	0
75	Lima Beans	15	100	0	0	0	0	70	Home Fries	25	150	0	0	0	0
88	Peaches	12	60	0	0	0	0	77	Mandarin Oranges	12	60	0	0	0	0
76	Mac & Cheese	17	115	0	0	0	0	43	Corn Bread	12	120	0	0	0	0
Snack								Snack							
80	Milk	12	100	0	0	0	0								
								59	Grape Juice	16	20	0	0	0	0
136	Graham Crackers WG	0	0	0	0	0	0								
								123	Yogurt	12	80	0	0	0	0
Friday, February 20, 2026															
Item#	Menu Items														
Breakfast															
80	Milk	12	100	0	0	0	0								
10	Banana	15	40	0	0	0	0								
165	Cinnamon Roll	0	0	0	0	0	0								
Lunch															
80	Milk	12	100	0	0	0	0								
27	Cheese Pizza	17	230	0	0	0	0								
112	Toss Salad (A) Peas (C)	5	25	0	0	0	0								
89	Pears	12	80	0	0	0	0								
Snack															
80	Milk	12	100	0	0	0	0								
21	Cereal WG	15	100	0	0	0	0								

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WEEK 4															
Monday, February 23, 2026								Tuesday, February 24, 2026							
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod
Breakfast								Breakfast							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
46	Cranraisins	15	50	0	0	0	0	89	Pears	12	80	0	0	0	0
83	Oatmeal	29	210	0	0	0	0	52	English Muffin Marg/Butter/Jelly	12	100	0	0	0	0
Lunch								Lunch							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
116	Turkey Sausage	15	60	0	0	0	0	38	Chili w/Beans	32	210	0	0	0	0
66	Hashbrown	22	150	0	0	0	0	113	Toss Salad (A) Carrots (C)	5	25	0	0	0	0
93	Pineapple	15	60	0	0	0	0	93	Pineapple	15	60	0	0	0	0
54	Fr. Toast/Syrup-Wheat	12	180	0	0	0	0	45	Crackers	20	100	0	0	0	0
Snack								Snack							
59	Grape Juice	16	20	0	0	0	0	80	Milk	12	100	0	0	0	0
123	Yogurt	12	80	0	0	0	0	29	Cheese-Its WG	17	100	0	0	0	0
Wednesday, February 25, 2026								Thursday, February 26, 2026							
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items						
Breakfast								Breakfast							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
88	Peaches	12	60	0	0	0	0	84	Cheese	0	0	0	0	0	0
16	Muffin WG	30	130	0	0	0	0	21	Cereal WG	15	100	0	0	0	0
Lunch								Lunch							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
37	Chicken Tenders	25	240	0	0	0	0	140	Cheeseburger	0	0	0	0	0	0
61	Green Beans	10	80	0	0	0	0	55	French Fries/Catsup	22	110	0	0	0	0
81	Mixed Fruit	15	100	0	0	0	0	77	Mandarin Oranges	12	60	0	0	0	0
76	Mac & Cheese	17	115	0	0	0	0	12	Bun WG	0	0	0	0	0	0
Snack								Snack							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
								5	Apple Slices	8	30	0	0	0	0
123	Yogurt	12	80	0	0	0	0								
Friday, February 27, 2026															
Item#	Menu Items														
Breakfast															
80	Milk	12	100	0	0	0	0								
10	Banana	15	40	0	0	0	0								
141	Pancakes	35	210	0	0	0	0								
Lunch															
80	Milk	12	100	0	0	0	0								
124	Tuna Salad (A) Sunbutter&Jelly (C)	0	0	0	0	0	0								
118	Vegetable Soup (A) smiley faces (C)	22	180	0	0	0	0								
88	Peaches	12	60	0	0	0	0								
192	Toast	0	0	0	0	0	0								
Snack															
80	Milk	12	100	0	0	0	0								
136	Graham Crackers WG	0	0	0	0	0	0								

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