### **REDWOOD**

Roll

Milk

Banana

Clam Chowder (A) & crackers

Snack

## April Menu 2025

							WEE	K 1										
							WEE	N I										
	Monday, March								Tuesday, Ap						_			
Item#	Menu Items	Carb	Cal	Pro	<u>Fat</u>	<u>Fib</u>	Sod	Item#	Menu Items	Carb	Cal	Pro	<u>Fat</u>	<u>Fib</u>	So			
	Breakfast								Breakfast	- 10	100	•		_				
Α	Con Last Manthle Many	0	0	0	0	_	0	80 88	Milk Peaches	12 12	100 60	0	0	0	0			
А	See Last Month's Menu	U	U	U	U	0	U	54	Fr. Toast/Syrup-Wheat(A)	12	180	0	0	0	0			
								54	Fr. Toast/Syrup-wneat(A)	12	180	0	U	U	0			
	Lunch								Lunch									
	Lunch							80	Milk	12	100	0	0	0	0			
								9	Meat and Cheese for Baked Ziti	0	0	0	0	0	0			
Α	See Last Month's Menu	0	0	0	0	0	0	61	Green Beans	10	80	0	0	0	0			
	COO ELECT MONETO MONE	<u> </u>					Ť	89	Pears	12	80	0	0	0	0			
								8	Baked Ziti Pasta	0	0	0	0	0	0			
								56	Garlic Bread	12	100	0	0	0	0			
	Snack								Snack									
								80	Milk	12	100	0	0	0	0			
Α	See Last Month's Menu	0	0	0	0	0	0											
								136	Graham Crackers WG	0	0	0	0	0	0			
	Wednesday, April 2, 2025								Thursday, April 3, 2025									
Item#	Menu Items	Carb	Cal	Pro	<u>Fat</u>	Fib	Sod	Item#	Menu Items									
	Breakfast								Breakfast									
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0			
46	Cranraisins	15	50	0	0	0	0	81	Mixed Fruit	15	100	0	0	0	0			
49	Cream of Wheat	24	110	0	0	0	0	168	Cinnamon Roll	0	0	0	0	0	0			
	Lunch	10	100						Lunch	- 10	100	•		_				
80 92	Milk Philly Steak/Cheese	12 16	100 230	0	0	0	0	80 11	Wheat Bun BBQ	12 0	100	0	0	0	0			
92 55	French Fries/Catsup	22	110	0	0	0	0	41	Cole Slaw (A) Carrots (C)	12	110	0	0	0	0			
77	Mandarin Oranges	12	60	0	0	0	0	88	Peaches	12	60	0	0	0	0			
122	WG Bun	12	100	0	0	0	0	12	Wheat Bun	0	0	0	0	0	0			
122	WG Buil	12	100	U	0	U		12	Wileat Bull			- 0	<u> </u>	U	U			
	Snack						1		Snack									
4	Juice	12	60	0	0	0	0	80	Milk	12	100	0	0	0	0			
· ·	Calco		- 00		Ů		Ů								Ů			
123	Yogurt	12	80	0	0	0	0	185	animal cracker	0	0	0	0	0	0			
	Friday, April	4, 2025																
Item#	Menu Items							1										
	Breakfast							1										
80	Milk	12	100	0	0	0	0											
88	Peaches	12	60	0	0	0	0											
17	Muffin WG	15	100	0	0	0	0	]										
	Lunch							I										
80	Milk	12	100	0	0	0	0											
182	Baked Potato W/ cheese	0	0	0	0	0	0	]										
18	Broccoli	10	80	0	0	0	0											
88	Peaches	12	60	0	0	0	0											
100	I Dall	4.5	100	^	_	^												

### **REDWOOD**

Snack

12 100

15

40

0

0

0

0

0

0

80

10

Milk

Banana

## April Menu 2025

	31100D									Pi i	1 17	ICI	IU		
							WEE	K 2							
	Monday, April	7. 2025							Tuesday, April	8. 202	5				
Item#	Menu Items	Carb		Pro	Fat	Fib	Sod	Item#	Menu Items	Carb		Pro	Fat	Fib	Sod
	Breakfast								Breakfast						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
10	Banana	15	40	0	0	0	0	81	Mixed Fruit	15	100	0	0	0	0
120	Bagel	0	0	0	0	0	0	17	Muffin WG	15	100	0	0	0	0
	Lunch								Lunch						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
165	Turkey Burger	0	0	0	0	0	0	190	Enchaladia Casserole	0	0	0	0	0	0
184	Broccoli Salad (A) Broccoli (C)	0	0	0	0	0	0	166	Refried Beans	0	0	0	0	0	0
77	Mandarin Oranges	12	60	0	0	0	0	39	Cinnamon Apples	17	120	0	0	0	0
122	WG Bun	12	100	0	0	0	0	167	Chips Queso & Chips (A) Tortilla (C& A	0	0	0	0	0	0
								74	Lettuce/Tomato/Sour cream	22	65	0	0	0	0
	Snack								Snack						
								80	Milk	12	100	0	0	0	0
45	Crackers	20	100	0	0	0	0	102	Pretzels WG	30	100	0	0	0	0
28	Cheese	4	180	0	0	0	0								
	Wednesday, Apr	il 9, 202	25						Thursday, April	10, 20	25				
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items						
	Breakfast								Breakfast						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
89	Pears	12	80	0	0	0	0	10	Banana	15	40	0	0	0	0
14	Biscuits	12	130	0	0	0	0	123	Yogurt	12	80	0	0	0	0
	Lunch								Lunch						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
152	Meat Loaf	0	0	0	0	0	0	116	Turkey Sausage	15	60	0	0	0	0
79	Mashed Potato	34	160	0	0	0	0	66	Hashbrown	22	150	0	0	0	0
91	Peas and Carrots	15	100	0	0	0	0	81	Mixed Fruit	15	100	0	0	0	0
106	Roll	15	100	0	0	0	0	96	Pancakes WG	35	225	0	0	0	0
	Snack								Snack						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
29	Cheese-Its	17	100	0	0	0	0	136	Graham Crackers WG	0	0	0	0	0	0
	Friday, April 1	1, 2025													
Item#	Menu Items														
	Breakfast														
80	Milk	12	100	0	0	0	0								
77	Mandarin Oranges	12	60	0	0	0	0								
120	Bagel	0	0	0	0	0	0								
-	Lunch						_								
80	Milk	12	100	0	0	0	0								
53	Fish	17	150	0	0	0	0								
41	Cole Slaw (A) Carrots (C)	12	110	0	0	0	0								
176	Cantalope	0	0	0	0	0	0								
121	Bread WG	12	80	0	0	0	0								

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### **REDWOOD**

# April Menu 2025

							WEE	K 3							
	Monday, April 1	Tuesday, April 15, 2025													
Item#	Menu Items	Carb	Cal	Pro	<u>Fat</u>	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod
	Breakfast								Breakfast						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
93	Pineapple	15	60	0	0	0	0	89	Pears (D. III. (L. III.	12	80	0	0	0	0
17	Muffin WG	15	100	0	0	0	0	52	English Muffin Marg/Butter/Jelly	12	100	0	0	0	0
	Lunch								Lunch						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
183	Italian Sub( A ) Sunbutter/jelly Sand (C )	0	0	0	0	0	0	37	Chicken Tenders (a) Chicken Nugget (d	25	240	0	0	0	0
55	French Fries/Catsup	22	110	0	0	0	0	18	Broccoli	10	80	0	0	0	0
5	Apple Slices	8	30	0	0	0	0	88	Peaches	12	60	0	0	0	0
Ü	7 April Circos		- 00	Ů	Ů		Ů	12	Wheat Bun	0	0	0	0	0	0
122	WG Bun	12	100	0	0	0	0	76	Mac & Cheese	17	115	0	0	0	0
	Snack								Snack						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
57	Goldfish Crackers WG	20	100	0	0	0	0	136	Graham Crackers WG	0	0	0	0	0	0
	Wednesday, April	16, 20	25						Thursday, April	17, 20	25				
Item#	Menu Items	Carb	Cal	Pro	Fat	<u>Fib</u>	Sod	Item#	Menu Items						
	Breakfast								Breakfast						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
89	Pears	12	80	0	0	0	0	6	Applesauce	15	60	0	0	0	0
54	Fr. Toast/Syrup-Wheat(A)	12	180	0	0	0	0	14	Biscuits	12	130	0	0	0	0
	Lunch	40	100						Lunch	40	100	_			
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
191 79	Open Faced Shredded Beef	0	0 160	0	0	0	0	36	Chicken Salad	25	100	0	0	0	0
61	Mashed Potato Green Beans	34 10	80	0	0	0	0	101 81	Potato Wedges Mixed Fruit	25 15	100	0	0	0	0
121	Bread WG	12	80	0	0	0	0	95	Pretzel Bun	15	50	0	0	0	0
121	bread WG	12	- 00			U	U	33	i retzer burr	13	30	0	-	- 0	
	Snack								Snack						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
								10	Banana	15	40	0	0	0	0
30	Chex Mix	12	80	0	0	0	0								
	Friday, April 18	3, 2025	•	•	•	•									
Item#	Menu Items														
	Breakfast														
80	Milk	12	100	0	0	0	0								
4	Juice	12	60	0	0	0	0								
21	Cereal WG	15	100	0	0	0	0								
	Lunch														
80	Milk	12	100	0	0	0	0								
126	Grilled Cheese	0	0	0	0	0	0								
125	Tomato Soup	0	0	0	0	0	0								
89	Pears	12 20	80	0	0	0	0								
45	Crackers	20	100	U	U	U	U								
	Snack														
80	Milk	12	100	0	0	0	0								
30	IVIIIX	12	100	,			J								
123	Yogurt	12	80	0	0	0	0								
		1													

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#### **REDWOOD**

Vanilla Wafers

Milk

Snack

### April Menu 2025

	<b>34400D</b>	_							<i>P</i>	hii	1 17	101	ıu	<b>_U</b>	<b>4</b> J
							WEE	K 4							
	Monday, April 2	1, 2025							Tuesday, Apri	I 22, 202	25				
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod
	Breakfast								Breakfast						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
10	Banana	15	40	0	0	0	0	6	Applesauce	15	60	0	0	0	0
146	Waffles WG	0	0	0	0	0	0	168	Cinnamon Roll	0	0	0	0	0	0
	Lunch								Lunch						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
34	Chicken Pot Pie	30	250	0	0	0	0	161	Cheese Coney (A) Hamburger (C)	0	0	0	0	0	0
131	Spring Salad (A) Broccoli (c)	0	0	0	0	0	0	55	French Fries/Catsup	22	110	0	0	0	0
77	Mandarin Oranges	12	60	0	0	0	0	81	Mixed Fruit	15	100	0	0	0	0
121	Bread WG	12	80	0	0	0	0	122	WG Bun	12	100	0	0	0	0
									Snack						
								80	Milk	12	100	0	0	0	0
59	Juice	16	20	0	0	0	0								
								136	Graham Crackers WG	0	0	0	0	0	0
130	Cheese String	0	0	0	0	0	0								
	Wednesday, April								Thursday, Apr	il 24, 20	25				
Item#	Menu Items	Carb	Cal	Pro	<u>Fat</u>	Fib	Sod	Item#	Menu Items						
	Breakfast								Breakfast						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
88	Peaches	12	60	0	0	0	0	89	Pears	12	80	0	0	0	0
14	Biscuits	12	130	0	0	0	0	96	Pancakes WG	35	225	0	0	0	0
	Lunch								Lunch			_	_		
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
150	Grilled Ham & Swiss	0	0	0	0	0	0	35	Chicken Rice Casserole	25	235	0	0	0	0
151	Sweet Potato Tots	0	0	0	0	0	0	18	Broccoli	10	80	0	0	0	0
93	Pineapple	15	60	0	0	0	0	77	Mandarin Oranges	12	60	0	0	0	0
121	Bread WG	12	80	0	0	0	0	106	Roll	15	100	0	0	0	0
45	Crackers	20	100	0	0	0	0								
00	Snack	10	100	0	0		0	00	Snack	10	100		0	_	0
80	Milk	12	100	U	U	0	U	80 6	Milk	12 15	100 60	0	0	0	0
102	Pretzels WG	30	100	0	0	0	0	В	Applesauce	15	60	U	U	U	U
102	Preizeis WG	30	100	U	U	U	U								
	Fuidou Amuil OS	0005													
lto#	Friday, April 25 Menu Items	, 2025				1									
Item#	Menu items  Breakfast														
90	Milk	12	100	0	0	0	0								
80 4	Juice	12	60	0	0	0	0								
21	Cereal WG	15	100	0	0	0	0								
	Ocical VVG	13	100	U	U	U	U								
	Lunch														
80	Milk	12	100	0	0	0	0								
128	Chef Salad ( A) / Turkey Sandwich ( C)	0	0	0	0	0	0								
72	Lett/Tom/(A) smiley faces(C)	5	45	0	0	0	0								
5	Apple Slices	8	30	0	0	0	0								
45	Crackers	20	100	0	0	0	0								
40	Orachers	20	100	U	U	U	U								

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#### **REDWOOD**

Snack

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See Next Month's Menu

### **April Menu 2025**

11111	JWOOD						_		<i>_</i>	vhii	1 17		ıu	<b>_U</b>	<b>_</b> J
							WEE	K 5							
	Monday, April 2	28, 2025	5						Tuesday, Apr	il 29, 202	25				
Item#	Menu Items	Carb		Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod
	Breakfast								Breakfast						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
93	Pineapple	15	60	0	0	0	0	88	Peaches	12	60	0	0	0	0
120	Bagel	0	0	0	0	0	0	21	Cereal WG	15	100	0	0	0	0
	Lunch								Lunch						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
139	Sloppy Joe	0	0	0	0	0	0	174	Trio Salad(A) Chicken Salad (C)	0	0	0	0	0	0
77	Mandarin Oranges	12	60	0	0	0	0	118	Vegetable Soup	22	180	0	0	0	0
181	Cole Slaw (A) Peas (C)	0	0	0	0	0	0	5	Apple Slices	8	30	0	0	0	0
12	Wheat Bun	0	0	0	0	0	0	17	Muffin WG	15	100	0	0	0	0
97	Potato chips (A)	30	150	0	0	0	0								
	Snack								Snack						
								80	Milk	12	100	0	0	0	0
4	Juice	12	60	0	0	0	0								
								57	Goldfish Crackers WG	20	100	0	0	0	0
123	Yogurt	12	80	0	0	0	0								
	Wednesday, April 30, 2025								Thursday, Ma	ay 1, 202	25				
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items						
	Breakfast								Breakfast						
80	Milk	12	100	0	0	0	0								
81	Mixed Fruit	15	100	0	0	0	0	В	See Next Month's Menu	0	0	0	0	0	0
52	English Muffin Marg/Butter/Jelly	12	100	0	0	0	0								
	Lunch								Lunch						
80	Milk	12	100	0	0	0	0								
188	Cracked Chicken Spaghetti	0	0	0	0	0	0								
18	Broccoli	10	80	0	0	0	0	В	See Next Month's Menu	0	0	0	0	0	0
89	Pears	12	80	0	0	0	0								
56	Garlic Bread	12	100	0	0	0	0								
	Snack								Snack						
189	Water	0	0	0	0	0	0								
			100					В	See Next Month's Menu	0	0	0	0	0	0
45	Crackers	20	100	0	0	0	0								
28	Cheese	4	180	0	0	0	0								
	Friday, May 2	, 2025													
Item#	Menu Items														
	Breakfast														
	0 11 11 11	_													
b	See Next Month's Menu	0	0	0	0	0	0	ł							
								-							
								-							
	Lunch							-							
								-							
	O Nova Marathia PA	_	_	_	_	_									
b	See Next Month's Menu	0	0	0	0	0	0	ł							

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