REDWOOD

Snack

 Juice

Yogurt

March Menu 2025

NEL	JWOOD									ivia	rcn	ivier	1u 2	025	
							WEE	K 1							
Monday, March 3, 2025									Tuesday, Marc	h 4, 20	25				
Item#	Menu Items	Carb		Pro	Fat	Fib	Sod	Item#	Menu Items	Carb		Pro	Fat	Fib	Sod
	Breakfast								Breakfast						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
89	Pears	12	80	0	0	0	0	6	Applesauce	15	60	0	0	0	0
52	English Muffin Marg/Butter/Jelly	12	100	0	0	0	0	141	Pancakes	35	210	0	0	0	0
	Lunch								Lunch						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
115	Turkey Cheese/Wheat	12	230	0	0	0	0	13	Big Boy Casserole	40	250	0	0	0	0
118	Vegetable Soup	22	180	0	0	0	0	55	French Fries/Catsup	22	110	0	0	0	0
88	Peaches	12	60	0	0	0	0	93	Pineapple	15	60	0	0	0	0
121	Bread WG	12	80	0	0	0	0	12	WG Bun	0	0	0	0	0	0
45	Crackers	20	100	0	0	0	0								
	Snack	10	100						Snack	10	100				
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
400								6	Applesauce	15	60	0	0	0	0
136	Graham Crackers WG	0	0	0	0	0	0								
	Wades aday Man	L 5 00	05						Thomas days Man	- l- C 00	05				
14 #	Wednesday, Marc	14 44	Thursday, Mar	cn 6, 20	25				1						
Item#	Menu Items Breakfast	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items Breakfast						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
4	Juice	12	60	0	0	0	0	88	Peaches	12	60	0	0	0	0
21	Cereal WG	15	100	0	0	0	0	14	Biscuits	12	130	0	0	0	0
	Cerear WG	13	100	U	- 0	0	U	- 17	Discuits	12	130	0	- 0	- 0	U
	Lunch								Lunch						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
126	Grilled Cheese	0	0	0	0	0	0	34	Chicken Pot Pie	30	250	0	0	0	0
125	Tomato Soup	0	0	0	0	0	0	61	Green Beans	10	80	0	0	0	0
89	Pears	12	80	0	0	0	0	77	Mandarin Oranges	12	60	0	0	0	0
99	Potato Chips (A)	25	165	0	0	0	0	106	Roll	15	100	0	0	0	0
121	Bread WG	12	80	0	0	0	0								
	Snack								Snack						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
102	Pretzels WG	30	100	0	0	0	0								
								130	Cheese String	0	0	0	0	0	0
	Friday, March	7, 2025													
Item#	Menu Items														
	Breakfast														
80	Milk	12	100	0	0	0	0								
10	Banana	15	40	0	0	0	0								
17	Muffin WG	15	100	0	0	0	0								
00	Lunch	10	100	_		_									
80	Milk Cheese Pizza WG	12	100	0	0	0	0								
27		17	230	0	0	0	0								
42 81	Corn (a) Green Beans(C) Mixed Fruit	15 15	80 100	0	0	0	0								
50	Crust WG	45	200	0	0	0	0								
30	Orust WG	45	200	J	U	U	U								

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REDWOOD

Snack

12

0

100

0

0

0

0

0

Milk

80

March Menu 2025

	71100B									ivia	ICH	iviei	ıu Z	025	
							WEE	K 2							
	Manday Marsh	10.000	F				WEE	N 2	Tuesday Maye	h 11 00	05				
14 #	Monday, March			D	F-4	F:L	0-4	14 #	Tuesday, Marc			D	F-4	Fil.	0-1
Item#	Menu Items	Carb	Cal	Pro	Fat	<u>Fib</u>	Sod	Item#	Menu Items	Carb	Cal	Pro	<u>Fat</u>	<u>Fib</u>	Sod
00	Breakfast Milk	10	100		0			- 00	Breakfast Milk	10	100	0	0	0	
80 10		12 15	100 40	0		0	0	80 6	Applesauce	12 15	100				0
21	Banana Cereal WG	15	100	0	0	0	0	168	Cinnamon Roll	0	60	0	0	0	0
21	Cereai WG	15	100	U	U	U	U	100	Cirinamon Roil	1 0	U	U	U	U	U
	Lunch	_							Lunch						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
196	Meatball Haogie	0	0	0	0	0	0	138	Chicken Patty	0	0	0	0	0	0
55	French Fries/Catsup	22	110	0	0	0	0	18	Broccoli	10	80	0	0	0	0
93	Pineapple	15	60	0	0	0	0	88	Peaches	12	60	0	0	0	0
93	гіпеарріе	13	00		U	U	U	- 00	reacties	12	00		U		
122	WG Bun	12	100	0	0	0	0	122	WG Bun	12	100	0	0	0	0
122	Snack	12	100	0	0	0	0	122	Snack	12	100	0	- 0		
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
00	IVIIIK	12	100	0	0	0	0	- 00	IVIIIK	12	100	0	- 0		
117	Vanilla Wafers	17	120	0	0	0	0	136	Graham Crackers WG	0	0	0	0	0	0
117	Valilla VValets		120	0	0	0	0	100	Granam Grackers WG		U	0	- 0		
	Wednesday, Marc	h 12 20	125	<u> </u>					Thursday, Marc	h 13 2	025	<u> </u>			
Item#	Menu Items	Carb		Pro	Fat	Fib	Sod	Item#	Menu Items	1 10, 2	1	l	1		
item#	Breakfast	Carb	Cai	FIU	гац	FID	300	Item#	Breakfast						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
81	Mixed Fruit	15	100	0	0	0	0	77	Mandarin Oranges	12	60	0	0	0	0
52	English Muffin Marg/Butter/Jelly	12	100	0	0	0	0	123	Yogurt	12	80	0	0	0	0
52	English Munin Marg/Butter/Selly	12	100		U	U	U	123	roguit	12	80		U		
	Lunch	+							Lunch						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
171	Hot Dog(A) Hamburger(C)	0	0	0	0	0	0	180	Quiche'	0	0	0	0	0	0
61	Green Beans	10	80	0	0	0	0	131	Spring Salad (A) Peas(c)	0	0	0	0	0	0
181	Cole Slaw (A) Mandarin Oranges(C)	0	0	0	0	0	0	81	Mixed Fruit	15	100	0	0	0	0
122	WG Bun	12	100	0	0	0	0	17	Muffin WG	15	100	0	0	0	0
200	Mac and Cheese (a)	0	0	0	0	0	0		INIGINIT IV G	10	100			Ů	
200	Snack	-					Ů		Snack						
80	Milk	12	100	0	0	0	0		- Cinada						
		<u> </u>						59	Juice	16	20	0	0	0	0
29	Cheese-Its	17	100	0	0	0	0	- 00	04.00	1				Ů	Ů
	Chicago no	<u> </u>						130	Cheese String	0	0	0	0	0	0
	Friday, March 1	4. 2025	;	l					Tames and the same						
Item#	Menu Items	T		l											
<u>itemii</u>	Breakfast														
80	Milk	12	100	0	0	0	0								
89	Pears	12	80	0	0	0	0								
120	Bagel	0	0	0	0	0	0								
	9	Ť	Ť		Ť		Ť								
	Lunch														
80	Milk	12	100	0	0	0	0								
53	Fish	17	150	0	0	0	0								
55	French Fries/Catsup	22	110	0	0	0	0								
10	Banana	15	40	0	0	0	0								
122	WG Bun	12	100	0	0	0	0								

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REDWOOD

March Menu 2025

							WEE	KЗ											
	Monday, March 1	Tuesday, March 18, 2025																	
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb		Pro	Fat	Fib	Sod				
<u>ItOIIII</u>	Breakfast	Juin	- Qui	1.0	<u>. u.</u>	1.10	000	Itomiii	Breakfast	<u> </u>	<u>ou.</u>	1.0	<u>. u.</u>	1.12	<u> </u>				
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0				
10	Banana	15	40	0	0	0	0	46	Cranraisins	15	50	0	0	0	0				
21	Cereal WG	15	100	0	0	0	0	83	Oatmeal WG	29	210	0	0	0	0				
	Lunch								Lunch										
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0				
103	Pulled Beef Sandwich	30	100	0	0	0	0	158	Chicken Tender Salad (A) Chicken Nug	0	0	0	0	0	0				
190	Potato Pancakes	0	0	0	0	0	0	93	Pineapple	15	60	0	0	0	0				
81	Mixed Fruit	15	100	0	0	0	0	112	Toss Salad (a) Green Beans (c)	5	25	0	0	0	0				
100								45	Crackers	20	100	0	0	0	0				
122	WG Bun	12	100	0	0	0	0												
00	Snack	10	100	0	_		_	00	Snack	40	100	0	0	0					
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0				
57	Goldfish Crackers WG	20	100	0	0	0	0	136	Graham Crackers WG	0	0	0	0	0	0				
57	Goldlish Crackers WG	20	100	U	U	U	U	130	Granam Grackers WG	U	U	U	U	U	U				
	Wednesday, March	10 20	125						Thursday, March	20 20	125								
Item#	Menu Items	Carb		Pro	Fat	Fib	Sod	Item#	Menu Items	1 20, 20	123	ı	1						
item#	Breakfast	Carb	Cai	<u> </u>	гац	FID	<u>30u</u>	ILCIII#	Breakfast										
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0				
89	Pears	12	80	0	0	0	0	6	Applesauce	15	60	0	0	0	0				
14	Biscuits	12	130	0	0	0	0	96	Pancakes WG	35	225	0	0	0	0				
1-7	Biocuito	12	100		0	Ů		30	T dilicances ***	00	223	0		0					
	Lunch								Lunch										
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0				
169	Turkey DD Sandwich (A) Turkey Sandwl		0	0	0	0	0	163	General Tso Chicken	0	0	0	0	0	0				
151	Sweet Potato Tots	0	0	0	0	0	0	184	Mixed Vegetable	0	0	0	0	0	0				
88	Peaches	12	60	0	0	0	0	93	Pineapple	15	60	0	0	0	0				
121	Bread WG	12	80	0	0	0	0	164	Rice	0	0	0	0	0	0				
47	Cream of Chicken & Wild Rice Soup (A	30	150	0	0	0	0												
	Snack								Snack										
80	Milk	12	100	0	0	0	0												
								59	Juice	16	20	0	0	0	0				
												_		_					
30	Chex Mix	12	80	0	0	0	0	123	Yogurt	12	80	0	0	0	0				
	Friday, March 2	1, 2025)																
<u>Item#</u>	Menu Items																		
	Breakfast	40	100																
80 88	Milk Peaches	12 12	100 60	0	0	0	0												
21	Cereal WG	15	100	0	0	0	0												
21	Cereai WG	15	100	U	0	U	U												
	Lunch																		
80	Milk	12	100	0	0	0	0												
195	Egg and Cheese Biscuit	0	0	0	0	0	0												
67	Hashbrown Casserole	25	200	0	0	0	0												
10	Banana	15	40	0	0	0	0												
14	Biscuits	12	130	0	0	0	0												
	Snack																		
80	Milk	12	100	0	0	0	0												
10	Banana	15	40	0	0	0	0												
										_									

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REDWOOD

Milk

Vanilla Wafers

Flour Tortilla(A) Bread (C)

Snack

12 100

March Menu 2025

1116	JWOOD									ivia	rcn	wer	1U 2	025	_
							WEE	K 4							
	Monday, March 2	24, 202	5						Tuesday, March	25, 20	25				
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod
	Breakfast								Breakfast						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
10	Banana	15	40	0	0	0	0	145	Juice	0	0	0	0	0	0
146	Waffles WG	0	0	0	0	0	0	21	Cereal WG	15	100	0	0	0	0
	Lunch	- 10							Lunch	- 10	100				
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
183	Grilled Chicken Sandwich	0	0	0	0	0	0	2	3 Way Chili and Cheese	0	0	0	0	0	0
118	Vegetable Soup	22	180	0	0	0	0	112	Toss Salad (a) Green Beans (c)	5 15	25	0	0	0	0
81 106	Mixed Fruit Roll	15 15	100	0	0	0	0	93 45	Pineapple Crackers	20	60 100	0	0	0	0
100	noii	15	100	U	U	-	U	43	Crackers	20	100	U	-	U	-
	Snack								Snack						
	SHACK							80	Milk	12	100	0	0	0	0
59	Juice	16	20	0	0	0	0	- 00	TOTAL	12	100				Ů
00	daloc	10				Ľ		136	Graham Crackers WG	0	0	0	0	0	0
130	Cheese String	0	0	0	0	0	0		Granam Grackers WG		Ů	Ť	Ť	Ť	Ť
	Wednesday, March		Thursday, March	27, 20)25										
Item#	•						Sod	Item#	Menu Items						
	Breakfast								Breakfast						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
88	Peaches	12	60	0	0	0	0	46	Cranraisins	15	50	0	0	0	0
14	Biscuits	12	130	0	0	0	0	83	Oatmeal WG	29	210	0	0	0	0
	Lunch								Lunch						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
192	Turkey Hot Brown	0	0	0	0	0	0	193	Chicken Tender Wrap (A) Chicken Nugg	0	0	0	0	0	0
18	Broccoli	10	80	0	0	0	0	48	Cream of Potato Soup	30	150	0	0	0	0
81	Mixed Fruit	15	100	0	0	0	0	89	Pears	12	80	0	0	0	0
121	Bread WG	12	80	0	0	0	0	194	Flour tortilla (A) Roll(C)	0	0	0	0	0	0
199	Happy Birthday Raechel!!! Snack	0	0	0	0	0	0	199	Happy Birthday Raechel!!!	0	0	0	0	0	0
80	Milk	12	100	0	0	0	0		Snack				\vdash		-
00	IVIIIK	12	100	U	U	0	U	145	Juice	0	0	0	0	0	0
57	Goldfish Crackers WG	20	100	0	0	0	0	145	Juice			U	-		
37	addisii Gracicis wa	20	100	Ü	0			123	Yogurt	12	80	0	0	0	0
	Friday, March 2	8. 2025	5						· - 9-··-			<u> </u>	<u> </u>	<u> </u>	<u> </u>
Item#	Menu Items	-, _0_0						ĺ							
	Breakfast							1							
80	Milk	12	100	0	0	0	0	1							
88	Peaches	12	60	0	0	0	0	1							
141	Pancakes	35	210	0	0	0	0	1							
								1							
	Lunch														
80	Milk	12	100	0	0	0	0								
197	Fish Tacos (a) Sunbutter&Jelly Sand (C		0	0	0	0	0	I							
198	Mexican Street Corn (A) Carotts (C)	0	0	0	0	0	0]							
6	Applesauce	15	60	0	0	0	0								

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REDWOOD

March Menu 2025

							\A/==	V F				IVICI			
							WEE	K 5			_				
14 #	Monday, March			D	F-4	F:I-	0-4	14 44	Tuesday, A			D	F-4	F:1-	0-4
Item#	Menu Items Breakfast	Carb	Cal	Pro	<u>Fat</u>	<u>Fib</u>	Sod	Item#	Menu Items Breakfast	Carb	Cal	Pro	Fat	<u>Fib</u>	Sod
80	Milk	12	100	0	0	0	0		Dieakiast						
89	Pears	12	80	0	0	0	0								
120	Bagel	0	0	0	0	0	0	В	See Next Month's Menu	0	0	0	0	0	0
	Lunch								Lunch						
80	Milk	12	100	0	0	0	0								
178	Rueben Sliders (A) Turkey Sanwich(C)	0	0	0	0	0	0								
179	Potato Cakes	0	0	0	0	0	0	В	See Next Month's Menu	0	0	0	0	0	0
177	Cinnamon Apples	0	0	0	0	0	0								
121	Bread WG	12	80	0	0	0	0								
	Snack								Snack						
	Silack								Silack						
4	Juice	12	60	0	0	0	0	В	See Next Month's Menu	0	0	0	0	0	0
	0.000	,_					Ŭ		COO HOM MONDIA	Ť		Ů			
123	Yogurt	12	80	0	0	0	0								
	Wednesday, Apri	1 2, 202	25						Thursday, A	April 3, 202	25	•			
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items						
	Breakfast								Breakfast						
В	See Next Month's Menu	0	0	0	0	0	0								
								В	See Next Month's Menu	0	0	0	0	0	0
	Lunch								Lunch						
								В	See Next Month's Menu	0	0	0	0	0	0
В	See Next Month's Menu	0	0	0	0	0	0		OCC NCX WORLTS WICH		Ü	0	0		_
	Coo How Monard Mona					Ů	Ŭ								
	Snack								Snack						
В	See Next Month's Menu	0	0	0	0	0	0	В	See Next Month's Menu	0	0	0	0	0	0
	5.1. 4.7.4	2005													
14 #	Friday, April 4	, 2025	ı	ı	ı		T								
Item#	Menu Items Breakfast														
	DiedkidSt														
В	See Next Month's Menu	0	0	0	0	0	0								
	COC TOX MONETO MONE	Ť	Ť	Ť	Ť	Ů	Ů								
	Lunch														
В	See Next Month's Menu	0	0	0	0	0	0								
	0 1														
	Snack														
В	See Next Month's Menu	0	0	0	0	0	0								
Ь	OCC MENT MICHTELS MICHE	U	U	U	U	-	U								

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