REDWOOD

Cheese

Crackers

August 2025 Menu

										Λuί	gusi		_ J IV	ICIT	1
							WEE	K 1							
	Monday, July 2	0 2025				***	Tuesday, July 29, 2025								
Item#	Menu Items	Carb		Pro	Fat	Fib	Sod	Item#	Menu Items	Carb		Pro	Fat	Fib	Sod
item#	Breakfast	Carb	Cai	Pro	rat	FID	500	item#	Breakfast	Carb	Cai	Pro	rat	FID	<u>500</u>
	Breaktast								Бгеактаѕт						
а	See Last Month's Menu	0	0	0	0	0	0	а	See Last Month's Menu	0	0	0	0	0	0
а	See Last Month's Menu	U	U	U	U	U	U	а	See Last Month's Menu	U	U	U	U	U	U
	Lunch								Lunch						
	Lunch								Luiicii						
а	See Last Month's Menu	0	0	0	0	0	0	а	See Last Month's Menu	0	0	0	0	0	0
	os East Month o Mond						J		eco Edet Mellillo Mella			Ů			
	Snack								Snack						
а	See Last Month's Menu	0	0	0	0	0	0	а	See Last Month's Menu	0	0	0	0	0	0
	Wednesday, July	30, 20	25						Thursday, Jul	y 31, 20	25				
Item#	Menu Items	Carb		Pro	Fat	Fib	Sod	Item#	Menu Items	T					
	Breakfast								Breakfast						
а	See Last Month's Menu	0	0	0	0	0	0	а	See Last Month's Menu	0	0	0	0	0	0
	Lunch								Lunch						
Α	See Last Month's Menu	0	0	0	0	0	0	а	See Last Month's Menu	0	0	0	0	0	0
	Snack								Snack						
					_										
Α	See Last Month's Menu	0	0	0	0	0	0	а	See Last Month's Menu	0	0	0	0	0	0
	Friday Assessed	4 0005													
	Friday, August	1, 2025)	T	1	ı									
Item#	Menu Items														
00	Breakfast	10	100		0	_	0								
80	Milk	12 15	100 40	0	0	0	0								
10	Banana														
52	English Muffin Marg/Butter/Jelly	12	100	0	0	0	0								
	Lunch														
80	Milk	12	100	0	0	0	0								
149	Taco Salad (A) Tacos (C)	0	0	0	0	0	0								
42	Corn (A) Peas (C)	15	80	0	0	0	0								
5	Apple Slices	8	30	0	0	0	0								
167	Chips Queso (A) Tortilla (C)	0	0	0	0	0	0								
.01			Ť	Ť	Ť		J								
	Snack														

0 In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national, origin, sex, age, or disability. To file a complaint of discrimination, write USDA Director Office of Adjudication, 1400 Independence Avenue., SW., Washington, DC 20150-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech

0

180

20 100

0

0

0

REDWOOD

Snack

12 100

15

40

0

0

0

0

0

0

80

10

Milk

Banana

August 2025 Menu

										Au	gust	202	25 IV	ieni	١
							WEE	K 2							
	Monday, Augus	t 4, 202	5						Tuesday, Aug	ust 5, 20	25				
Item#	Menu Items	Carb		Pro	Fat	Fib	Sod	Item#	Menu Items	Carb		Pro	Fat	Fib	Sod
	Breakfast								Breakfast						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
89	Pears	12	80	0	0	0	0	4	Juice	12	60	0	0	0	0
120	Bagel	0	0	0	0	0	0	17	Muffin WG	15	100	0	0	0	0
	Lunch								Lunch						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
138	Chicken Patty	0	0	0	0	0	0	109	Steak Hoagie	15	140	0	0	0	0
18	Broccoli	10	80	0	0	0	0	55	French Fries/Catsup	22	110	0	0	0	0
77	Mandarin Oranges	12	60	0	0	0	0	88	Peaches	12	60	0	0	0	0
400	WO Down	40	400					400	WO Down	40	400			_	
122	WG Bun	12	100	0	0	0	0	122	WG Bun	12	100	0	0	0	0
00	Snack	10	100		0			00	Snack	10	100	0	0	_	0
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
102	Pretzels WG	30	100	0	0	0	0	136	Graham Crackers WG	0	0	0	0	0	0
102	Freizels WG	30	100	U	U	0	0	130	Granam Crackers WG	- 0	U	U	U	U	U
	Wednesday, Augu	let 6 20	125						Thursday, Aug	uet 7 2	125				
Item#	Menu Items	Carb		Pro	Fat	Fib	Sod	Item#	Menu Items	ust 1, Z	123		ı		
Itellim	Breakfast	Carb	Cai	110	<u>r at</u>	110	300	Itemm	Breakfast						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
81	Mixed Fruit	15	100	0	0	0	0	10	Banana	15	40	0	0	0	0
14	Biscuits	12	130	0	0	0	0	54	Fr. Toast/Syrup-Wheat(A)	12	180	0	0	0	0
	Diodate	·-						<u> </u>	······································	<u> </u>		Ů			Ů
	Lunch								Lunch						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
63	Grilled Chicken Sandwich	17	60	0	0	0	0	103	Pulled Beef Sandwich	30	100	0	0	0	0
108	Spinach Salad (A) Green beans (C)	25	125	0	0	0	0	79	Mashed Potato	34	160	0	0	0	0
88	Peaches	12	60	0	0	0	0	93	Pineapple	15	60	0	0	0	0
122	WG Bun	12	100	0	0	0	0	12	Wheat Bun	0	0	0	0	0	0
	Snack								Snack						
80	Milk	12	100	0	0	0	0								
		<u> </u>	100					59	Juice	16	20	0	0	0	0
117	Vanilla Wafers	17	120	0	0	0	0	400	Oh Ohii	0	0	_	0	0	0
	Foldon Annual	0.0005						130	Cheese String	U	U	0	U	U	U
14 44	Friday, August	8, 2025	1	1	1		1								
Item#	Menu Items Breakfast														
80	Milk	12	100	0	0	0	0	l							
77	Mandarin Oranges	12	60	0	0	0	0	ł							
120	Bagel	0	0	0	0	0	0	l							
120	- Dagoi							i							
	Lunch							l							
80	Milk	12	100	0	0	0	0	1							
174	Trio Salad(A) Chicken nuggets (C)	0	0	0	0	0	0	1							
176	Watermelon	0	0	0	0	0	0	1							
151	Sweet Potato Tots(C)	0	0	0	0	0	0	1							
45	Crackers	20	100	0	0	0	0								

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national, origin, sex, age, or disability. To file a complaint of discrimination, write USDA Director Office of Adjudication, 1400 Independence Avenue., SW., Washington, DC 20150-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech

0

REDWOOD

August 2025 Menu

							WEE	K 3							
	Monday, August	44 201) E				WEL	N 3	Tuesday Augus	+ 12 20	125				
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Tuesday, Augus Menu Items	Carb		Pro	Fat	Fib	Sod
item#	Breakfast	Carb	Cai	Pro	rat	FID	500	item#	Breakfast	Carb	Cai	Pro	rat	<u>FID</u>	Sod
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
88	Peaches	12	60	0	0	0	0	93	Pineapple	15	60	0	0	0	0
21	Cereal WG	15	100	0	0	0	0	17	Muffin WG	15	100	0	0	0	0
	Lunch								Lunch						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
180	Quiche'	0	0	0	0	0	0	171	Hot Dog,(A) Hamburger(C)	0	0	0	0	0	0
131	Spring Salad (A)Peas (C)	0	0	0	0	0	0	61	Green Beans	10	80	0	0	0	0
81	Mixed Fruit	15	100	0	0	0	0	6	Applesauce	15	60	0	0	0	0
17	Muffin WG	15	100	0	0	0	0	76	Mac & Cheese (A)	17	115	0	0	0	0
	Snack								Snack						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
57	Goldfish Crackers WG	20	100	0	0	0	0	136	Graham Crackers WG	0	0	0	0	0	0
	Wednesday, Augus								Thursday, Augus	st 14, 2	025	1			
Item#	Menu Items	Carb	Cal	<u>Pro</u>	<u>Fat</u>	<u>Fib</u>	Sod	Item#	Menu Items						
	Breakfast				_	_			Breakfast					_	
93	Pineapple	15	60	0	0	0	0	80	Milk	12	100	0	0	0	0
89	Pears	12	80	0	0	0	0	77	Mandarin Oranges	12	60	0	0	0	0
14	Biscuits	12	130	0	0	0	0	96	Pancakes WG	35	225	0	0	0	0
00	Lunch	40	100	0	_	0	0	90	Lunch	10	100	0	0	0	_
80 182	Milk Baked Potato W/ cheese	12 0	100	0	0	0	0	80 126	Milk Grilled Cheese	12 0	100	0	0	0	0
18	Broccoli	10	80	0	0	0	0	125	Tomato Soup	0	0	0	0	0	0
88	Peaches	12	60	0	0	0	0	81	Mixed Fruit	15	100	0	0	0	0
106	Roll	15	100	0	0	0	0	121	Bread WG	12	80	0	0	0	0
100	T Coll	10	100	U			U	121	Bicad WC	12	- 00	Ů			
	Snack								Snack						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
								5	Apple Slices	8	30	0	0	0	0
30	Chex Mix	12	80	0	0	0	0								
	Friday, August 1	5, 202	5			•				•	•	•	•	•	
Item#	Menu Items	Ė													
	Breakfast														
80	Milk	12	100	0	0	0	0								
10	Banana	15	40	0	0	0	0								
168	Cinnamon Roll	0	0	0	0	0	0								
	Lunch														
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
128	Chef Salad (A) / Turkey Sandwich (C)	0	0	0	0	0	0	103	Pulled Beef Sandwich	30	100	0	0	0	0
137	Salad/Dressing (A) Peas (C)	0	0	0	0	0	0	79	Mashed Potato	34	160	0	0	0	0
89	Pears	12	80	0	0	0	0	93	Pineapple	15	60	0	0	0	0
45	Crackers	20	100	0	0	0	0	12	Wheat Bun	0	0	0	0	0	0
	Snack														
	Liter	40	00		_										
59	Juice	16	20	0	0	0	0								
123	Yogurt	12	80	0	0	0	0								
123	I todall	12	Ι QΩ	U	U	U	U								

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national, origin, sex, age, or disability. To file a complaint of discrimination, write USDA Director Office of Adjudication, 1400 Independence Avenue., SW., Washington, DC 20150-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech

REDWOOD

106

80

30

Roll

Milk

Chex Mix

Snack

August 2025 Menu

176	JWOOD									Au	just	202	25 IV	ient	<u>ا</u>
							WEE	K 4							
	Monday, August	18, 202	25						Tuesday, Augu	st 19, 20	025				
Item#	Menu Items	Carb	Cal	Pro	<u>Fat</u>	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod
	Breakfast								Breakfast						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
88	Peaches	12	60	0	0	0	0	145	Juice	0	0	0	0	0	0
146	Waffles WG	0	0	0	0	0	0	21	Cereal WG	15	100	0	0	0	0
	Lunch								Lunch						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
98	Pork Tenderloin (A) Chicken Patty (C)	15	100	0	0	0	0	115	Turkey Cheese/Wheat	12	230	0	0	0	0
55	French Fries/Catsup	22	110	0	0	0	0	194	Tater Tots	0	0	0	0	0	0
81	Mixed Fruit	15	100	0	0	0	0	77	Mandarin Oranges	12	60	0	0	0	0
106	Roll	15	100	0	0	0	0	121	Bread WG	12	80	0	0	0	0
100	TO:	13	100	U	0			121	Bread WO	12	- 00		U	0	
	Snack								Snack						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
								136	Graham Crackers WG	0	0	0	0	0	0
130	Cheese String	0	0	0	0	0	0								
	Wednesday, Augus	st 20, 2	025						Thursday, Augu	ıst 21, 2	025				
Item#	Menu Items	Carb	Cal	Pro	<u>Fat</u>	Fib	Sod	Item#	Menu Items						
	Breakfast								Breakfast						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
93	Pineapple	15	60	0	0	0	0	89	Pears	12	80	0	0	0	0
123	Yogurt	12	80	0	0	0	0	17	Muffin WG	15	100	0	0	0	0
	Lunch								Lunch	- 10	100				
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
195	Sausage, Egg and Cheese Biscuit	0	0	0	0	0	0	11	BBQ	0	0	0	0	0	0
66	Hashbrown	22	150	0	0	0	0	41	Cole Slaw (A) Carrots (C)	12	110	0	0	0	0
81 14	Mixed Fruit Biscuits	15 12	100	0	0	0	0	77 121	Mandarin Oranges Bread WG	12 12	60 80	0	0	0	0
14	Biscuits	12	130	U	U	U	U	121	Bread WG	12	80	0	U	U	U
	Snack								Snack						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
										·-				_	Ť
57	Goldfish Crackers WG	20	100	0	0	0	0								
								123	Yogurt	12	80	0	0	0	0
	Friday, August 2	22, 202	5						-	•			•		
Item#	Menu Items														
	Breakfast														
80	Milk	12	100	0	0	0	0								
6	Applesauce	15	60	0	0	0	0]							
14	Biscuits	12	130	0	0	0	0								
								l							
	Lunch														
80	Milk	12	100	0	0	0	0								
158	Chic TenderSalad (A) Chicken Nugget V		0	0	0	0	0								
113	Toss Salad (A) /Smile faces (C)	5	25	0	0	0	0	Į							
10	Banana	15	40	0	0	0	0	Į.							

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national, origin, sex, age, or disability. To file a complaint of discrimination, write USDA Director Office of Adjudication, 1400 Independence Avenue., SW., Washington, DC 20150-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech

0

0

15

12 100

12 80

100

0

0

0

0

0

0

0

REDWOOD

Snack

12 100

12

60

0

0

0

0

0

80

77

Milk

Mandarin Oranges

August 2025 Menu

	31100 D									Auç	gusi	. 202	20 IV	ieni	ı
							WEE	K 5							
	Monday, August	25 202	25				***		Tuesday, Augu	st 26. 2	025				
Item#	Menu Items	Carb		Pro	Fat	Fib	Sod	Item#	Menu Items	Carb		Pro	Fat	Fib	Sod
<u>ItOIII//</u>	Breakfast	<u> </u>	- u	10		<u> </u>	000	10111111	Breakfast	Julio	<u> </u>	1.10		1.10	000
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
89	Pears	12	80	0	0	0	0	88	Peaches	12	60	0	0	0	0
120	Bagel	0	0	0	0	0	0	17	Muffin WG	15	100	0	0	0	0
	Lunch								Lunch						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
58	Chicken Salad	0	0	0	0	0	0	197	Enchiladia Casserole	0	0	0	0	0	0
101	Potato Wedges	25	100	0	0	0	0	196	Street Corn (A) Carrots (C)	0	0	0	0	0	0
81	Mixed Fruit	15	100	0	0	0	0	39	Cinnamon Apples	17	120	0	0	0	0
121	Bread WG	12	80	0	0	0	0	74	Lettuce/Tomato/Sour cream	22	65	0	0	0	0
								143	Tortilla	0	0	0	0	0	0
	Snack								Snack						_
				_				80	Milk	12	100	0	0	0	0
4	Juice	12	60	0	0	0	0		0.115.1.0.1.1110		100				
400	Vt	40	00					57	Goldfish Crackers WG	20	100	0	0	0	0
123	Yogurt	12	80	0	0	0	0			100.0					
. , ,,	Wednesday, Augus						T		Thursday, Augu	ist 28, 2	025		ı	1	
Item#	Menu Items	Carb	Cal	Pro	<u>Fat</u>	<u>Fib</u>	Sod	Item#	Menu Items						
00	Breakfast	40	400		_			00	Breakfast	12	100			0	_
80 88	Milk Peaches	12 12	100 60	0	0	0	0	80 93	Milk	15	100 60	0	0	0	0
14	Biscuits	12	130	0	0	0	0	52	Pineapple English Muffin Marg/Butter/Jelly	12	100	0	0	0	0
14	Biscuits	12	130	U	U	0	U	32	English Mullin Marg/Butter/Jelly	12	100	U	U	U	U
	Lunch								Lunch	+	_				
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
183	Chicken Tender Wrap(A) Chicken Nugg	0	0	0	0	0	0	147	Ham Salad Sandwich	0	0	0	0	0	0
113	Toss Salad (A) /Smile faces (C)	5	25	0	0	0	0	100	Potato Salad (A) Smiley faces ©	25	150	0	0	0	0
176	Watermelon	0	0	0	0	0	0	5	Apple Slices	8	30	0	0	0	0
143	Tortilla	0	0	0	0	0	0	121	Bread WG	12	80	0	0	0	0
99	Potato Chips (A)	25	165	0	0	0	0								
	Snack								Snack						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
30	Chex Mix	12	80	0	0	0	0	102	Pretzels WG	30	100	0	0	0	0
	Friday, August 2	29, 202	5												
Item#	Menu Items														
	Breakfast														
80	Milk	12	100	0	0	0	0								
4	Juice	12	60	0	0	0	0								
21	Cereal WG	15	100	0	0	0	0								
	1							l							
00	Lunch	40	100	_	_			l							
80	Milk	12	100	0	0	0	0	l							
162	Grilled Chicken Salad (A) Grilled Nugge		0	0	0	0	0								
137	Salad/Dressing (A) Peas (C)	0		0	0	0	0	ł							
10	Banana	15	40	0	0	0	0	ł							
106	Roll	15	100	0	0	0	0	l							
								l							

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national, origin, sex, age, or disability. To file a complaint of discrimination, write USDA Director Office of Adjudication, 1400 Independence Avenue., SW., Washington, DC 20150-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech

0