CURRENT Menu 6/25/2025

REDWOOD

Snack

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HOLIDAY SCHOOL CLOSED

144

July 2024 Menu

	31100B									Jul	y 2 0	24 I	vieri	u	
							WEE	K 1							
	Monday, June 3	0, 2025	5						Tuesday, July	1, 202	5				
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb		Pro	Fat	Fib	Sod
	Breakfast								Breakfast						
								80	Milk	12	100	0	0	0	0
Α	See Last Month's Menu	0	0	0	0	0	0	93	Pineapple	15	60	0	0	0	0
								123	Yogurt	12	80	0	0	0	0
	Lunch								Lunch						
								80	Milk	12	100	0	0	0	0
			_	_	_	_	_	193	Chipotle Bowl	0	0	0	0	0	0
Α	See Last Month's Menu	0	0	0	0	0	0	194	Black Beans (A) Peas (C)	0	0	0	0	0	0
								5	Apple Slices	8	30	0	0	0	0
								74	Lettuce/Tomato/Sour cream	22	65	0	0	0	0
								167	Chips Queso	0	0	0	0	0	0
Δ.	Snack		_					00	Snack	40	100		0		_
Α	See Last Month's Menu	0	0	0	0	0	0	80	Milk	12	100	0	0	0	0
								400		_					
								136	Graham Crackers WG	0	0	0	0	0	0
	Wednesday, July	. 0. 000							Thomas dans to de	. 0. 000					
. ,	•			_	T = .			. ,	Thursday, July	3, 202	5	ı			
Item#	Menu Items	Carb	Cal	Pro	Fat	<u>Fib</u>	Sod	Item#	Menu Items						
00	Breakfast	10	100					00	Breakfast	40	100				_
80 81	Milk Mixed Fruit	12 15	100	0	0	0	0	80 10	Milk Banana	12 15	100 40	0	0	0	0
14	Biscuits	12	130	0	0	0	0	141	Pancakes	35	210	0	0	0	0
14	Discuits	12	130	U	U	U	U	141	Fallcakes	33	210		U		U
	Lunch								Lunch						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
148	Ham sandwich	0	0	0	0	0	0	158	Chicken Tender Salad (A) Chicken Nug	0	0	0	0	0	0
101	Potato Wedges	25	100	0	0	0	0	113	Toss Salad (A)Broccoli(C)	5	25	0	0	0	0
184	Cantalope	0	0	0	0	0	0	88	Peaches	12	60	0	0	0	0
121	Bread WG	12	80	0	0	0	0	106	Roll	15	100	0	0	0	0
	Snack								Snack						
								80	Milk	12	100	0	0	0	0
4	Juice	12	60	0	0	0	0								
57	Goldfish Crackers WG	20	100	0	0	0	0	3	Animal Crackers	12	100	0	0	0	0
	Friday, July 4	, 2025													
Item#	Menu Items]							
	Breakfast]							
								l							
144	HOLIDAY SCHOOL CLOSED	0	0	0	0	0	0	Į.							
								l							
	Lunch														
								l							
								l							
Α	See Last Month's Menu	0	0	0	0	0	0	l							
								l							
		1													

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CURRENT Menu 6/25/2025

REDWOOD

Snack

12 100

15

50

0

0

0

0

0

0

80

95

Milk

Pretzel

July 2024 Menu

		_			_					Jul	y 20	<u> </u>	VICII	u	
							WEE	K 2							
	Manday lake						WEE	N Z	Torredore lists	0.000					
	Monday, July 7								Tuesday, July	_					
Item#	Menu Items	Carb	Cal	Pro	<u>Fat</u>	Fib	Sod	Item#	Menu Items	Carb	Cal	<u>Pro</u>	<u>Fat</u>	<u>Fib</u>	Sod
	Breakfast	40	100					00	Breakfast	40	100				
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
6	Applesauce	15	60	0	0	0	0	81	Mixed Fruit	15	100	0	0	0	0
17	Muffin WG	15	100	0	0	0	0	52	English Muffin Marg/Butter/Jelly	12	100	0	0	0	0
	-														
	Lunch								Lunch		100				
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
138	Chicken Patty	0	0	0	0	0	0	196	Cheeseburger	0	0	0	0	0	0
18	Broccoli	10	80	0	0	0	0	172	Cucumber&Tomato (A) Pears(C)	0	0	0	0	0	0
88	Peaches	12	60	0	0	0	0	176	Watermelon	0	0	0	0	0	0
12	Wheat Bun WG	0	0	0	0	0	0	197	Baked Beans (A)	0	0	0	0	0	0
								122	WG Bun	12	100	0	0	0	0
	Snack			_	_				Snack						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
77	Mandarin Oranges	12	60	0	0	0	0								
								123	Yogurt	12	80	0	0	0	0
	Wednesday, July								Thursday, July	10, 20	25				
Item#	Menu Items	Carb	Cal	Pro	<u>Fat</u>	<u>Fib</u>	Sod	Item#	Menu Items			igsquare			
	Breakfast								Breakfast						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
46	Cranraisins	15	50	0	0	0	0	89	Pears	12	80	0	0	0	0
83	Oatmeal WG	29	210	0	0	0	0	54	Fr. Toast/Syrup-Wheat(A)	12	180	0	0	0	0
	Lunch								Lunch						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
51	Eggs Scrambled	25	100	0	0	0	0	11	BBQ	0	0	0	0	0	0
67	Hashbrown Casserole	25	200	0	0	0	0	41	Cole Slaw (A) Carrots (C)	12	110	0	0	0	0
184	Cantalope	0	0	0	0	0	0	10	Banana	15	40	0	0	0	0
14	Biscuits	12	130	0	0	0	0	122	WG Bun	12	100	0	0	0	0
15	Gravy for Biscuits (A)	19	210	0	0	0	0	188	Chips (a)	0	0	0	0	0	0
	Snack								Snack		100				
	1.	40						80	Milk	12	100	0	0	0	0
59	Juice	16	20	0	0	0	0	447	\/:! - \A/-f	47	100		0	0	
130	Cheese String	0	0	0	0	0	0	117	Vanilla Wafers	17	120	0	0	0	0
130	Friday, July 11		U	U	U	U	U								
14.0.0.4	• • • • • • • • • • • • • • • • • • • •	, 2025	ı	1	1	ı	ı								
Item#	Menu Items Breakfast														
80	Milk	12	100	0	0		0								
						0	0								
77 120	Mandarin Oranges	12 0	60	0	0	0	0	l							
120	Bagel	U	U	U	U	U	U	ł							
	Lunch														
80	Milk	12	100	0	0	0	0	l							
128	Chef Salad (A) / Turkey Sandwich (C)	0	0	0	0		0								
	Peaches	12	60	0	0	0	0								
88	Lettuce(A) Green Beans (C)														
156 45		0 20	100	0	0	0	0	l							
45	Crackers	20	100	U	U	U	U	ł							

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REDWOOD

July 2024 Menu

							WEE	K 2							
	Manday luly 1	4 0005					WEE	N 3	Tuesday luly	15 000	-				
14 4	Monday, July 1			D	F-4	F:1-	0-1	14 44	Tuesday, July			D	F-4		0-1
Item#	Menu Items Breakfast	Carb	Cal	<u>Pro</u>	<u>Fat</u>	Fib	Sod	Item#	Menu Items Breakfast	Carb	Cal	<u>Pro</u>	<u>Fat</u>	<u>Fib</u>	Sod
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
88	Peaches	12	60	0	0	0	0	46	Cranraisins	15	50	0	0	0	0
21	Cereal WG	15	100	0	0	0	0	49	Cream of Wheat	24	110	0	0	0	0
	00.000.11.0			Ů			Ů		ordan or triidat			Ů			
	Lunch								Lunch						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
65	Ham & Cheese Sandwich	10	100	0	0	0	0	182	Baked Potato W/ cheese	0	0	0	0	0	0
151	Sweet Potato Tots	0	0	0	0	0	0	18	Broccoli	10	80	0	0	0	0
81	Mixed Fruit	15	100	0	0	0	0	184	Cantalope	0	0	0	0	0	0
122	WG Bun	12	100	0	0	0	0	106	Roll	15	100	0	0	0	0
	Snack								Snack						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
57	Goldfish Crackers WG	20	100	0	0	0	0	136	Graham Crackers WG	0	0	0	0	0	0
	Wednesday, July								Thursday, July	17, 202	25				
Item#	Menu Items	Carb	Cal	<u>Pro</u>	<u>Fat</u>	<u>Fib</u>	Sod	Item#	Menu Items						
	Breakfast				_	_			Breakfast			_		_	_
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
89	Pears	12	80	0	0	0	0	6	Applesauce	15	60	0	0	0	0
14	Biscuits	12	130	0	0	0	0	96	Pancakes WG	35	225	0	0	0	0
	1 b								I ala						
00	Lunch	10	100	0	_	_	_	00	Lunch	10	100	0	_	_	
80	Milk Fish	12 17	100 150	0	0	0	0	80	Milk Cracked Chicken Spaghetti	12 0	100	0	0	0	0
53 55	French Fries/Catsup	22	110	0	0	0	0	183 112	Toss Salad(A) Carrots(C)	5	25	0	0	0	0
77	Mandarin Oranges	12	60	0	0	0	0	89	Pears	12	80	0	0	0	0
122	WG Bun	12	100	0	0	0	0	56	Garlic Bread	12	100	0	0	0	0
122	WG Buil	12	100	U			U	30	danie Bread	12	100	0			
	Snack								Snack						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
								10	Banana	15	40	0	0	0	0
30	Chex Mix	12	80	0	0	0	0								
	Friday, July 18	, 2025	•			•				•			•	•	
Item#	Menu Items														
	Breakfast														
80	Milk	12	100	0	0	0	0								
81	Mixed Fruit	15	100	0	0	0	0								
21	Cereal WG	15	100	0	0	0	0								
	Lunch														
80	Milk	12	100	0	0	0	0								
36	Chicken Salad	25	100	0	0	0	0								
101	Potato Wedges	25	100	0	0	0	0								
10	Banana	15	40	0	0	0	0								
157	Crossiant	0	0	0	0	0	0								
	Snack														
50	luico	10	20	0	0	0	_								
59	Juice	16	20	0	0	0	0								
123	Yogurt	12	80	0	0	0	0								
123	TOQUIT	14	OU	U	U	U	U								

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CURRENT Menu 6/25/2025

REDWOOD

Crossiant

Crackers

Goldfish Crackers WG

Milk

Snack

July 2024 Menu

<u> </u>	31100									Jui	y ∠∪	<u> </u>	vieri	u	
							WEE	V 1			_				$\overline{}$
	Manaday, July O	4 0005					WEE	N 4	Torredore believe	00 000					
	Monday, July 2			_	. . .	T =-:	10.	. ,	Tuesday, July			_	· - ·		
Item#	Menu Items	Carb	Cal	Pro	<u>Fat</u>	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	<u>Fib</u>	Sod
80	Breakfast Milk	12	100	0	0	0	0	80	Breakfast Milk	12	100	0	0	0	0
77	Mandarin Oranges	12	60	0	0	0	0	89	Pears	12	80	0	0	0	0
146	Waffles WG	0	0	0	0	0	0	21	Cereal WG	15	100	0	0	0	0
140	Walles WG	"	U	U		"	1	21	Cereai WG	13	100	-	U .		- 0
	Lunch								Lunch						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
37	Chicken Tenders (a) Chicken Nugget (c		240	0	0	0	0	189	Beef Nachos (A) Tacos (C)	0	0	0	0	0	0
62	Green Beans (c)	10	80	0	0	0	0	166	Refried Beans	0	0	0	0	0	0
89	Pears	12	80	0	0	0	0	39	Cinnamon Apples	17	120	0	0	0	0
76	Mac & Cheese	17	115	0	0	0	0	167	Chips Queso	0	0	0	0	0	0
	mad a chicocc		1.0					74	Lettuce/Tomato/Sour cream	22	65	0	0	0	0
	Snack								Snack						
								80	Milk	12	100	0	0	0	0
59	Juice	16	20	0	0	0	0								
								136	Graham Crackers WG	0	0	0	0	0	0
130	Cheese String	0	0	0	0	0	0								
	Wednesday, July	23, 20	25						Thursday, July	24, 20	25				
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items						
	Breakfast								Breakfast						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
88	Peaches	12	60	0	0	0	0	93	Pineapple	15	60	0	0	0	0
14	Biscuits	12	130	0	0	0	0	141	Pancakes	35	210	0	0	0	0
	Lunch								Lunch						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
115	Turkey Cheese/Wheat	12	230	0	0	0	0	107	Sausage/Egg & Cheese Biscuit WG	20	210	0	0	0	0
101	Potato Wedges	25	100	0	0	0	0	66	Hashbrown	22	150	0	0	0	0
77	Mandarin Oranges	12	60	0	0	0	0	81	Mixed Fruit	15	100	0	0	0	0
121	Bread WG	12	80	0	0	0	0	14	Biscuits	12	130	0	0	0	0
00	Snack Milk	10	100	0	0			80	Snack Milk	12	100	0	0	0	0
80 4		12	60	0	_	0	0	80	MIIK	12	100	0	0	U	0
4	Juice	12	60	U	0	U	0								
123	Yogurt	12	80	0	0	0	0	102	Pretzels WG	30	100	0	0	0	0
123	Friday, July 25		80	U	U		1 0	102	Freizeis WG	30	100	U	U	U	U
Item#	Menu Items	, 2025	I	I	ı	T	Т	ł							
item#	Breakfast														
80	Milk	12	100	0	0	0	0	ł							
10	Banana	15	40	0	0	0	0	ł							
21	Cereal WG	15	100	0	0	0	0	ł							
	00.00.770	13	100	-			Ť	i							
	Lunch							l							
80	Milk	12	100	0	0	0	0	1							
124	Tuna Salad	0	0	0	0	0	0	1							
48	Cream of Potato Soup	30	150	0	0	0	0	1							
10	Banana	15	40	0	0	0	0	1							

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12 100

20 100

REDWOOD

Snack

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See Next Month's Menu

July 2024 Menu

	31100 B									Jul	y 20	124 1	vien	u	
							WEE	K 5							
	Monday, July 2	28, 2025	,						Tuesday, July	/ 29, 202	25				
Item#	Menu Items	Carb		Pro	Fat	Fib	Sod	Item#	Menu Items	Carb		Pro	Fat	Fib	Sod
	Breakfast								Breakfast						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
89	Pears	12	80	0	0	0	0	81	Mixed Fruit	15	100	0	0	0	0
120	Bagel	0	0	0	0	0	0	17	Muffin WG	15	100	0	0	0	0
	Lunch								Lunch						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
132	Spaghetti/Meatball/Cheese	0	0	0	0	0	0	178	Rueben (A) Turkey Sanwich(C)	0	0	0	0	0	0
112	Toss Salad(A) Carrots(C)	5	25	0	0	0	0	179	Potato PanCakes	0	0	0	0	0	0
77	Mandarin Oranges	12	60	0	0	0	0	6	Applesauce	15	60	0	0	0	0
56	Garlic Bread	12	100	0	0	0	0	121	Bread WG	12	80	0	0	0	0
	Snack								Snack		L				
		10						80	Milk	12	100	0	0	0	0
4	Juice	12	60	0	0	0	0				100				
100	V	10	00					57	Goldfish Crackers WG	20	100	0	0	0	0
123	Yogurt	12	80	0	0	0	0		Thomas days last	04 00	05				
	Wednesday, July					T =	T		Thursday, Jul	y 31, 20	25		ı	1	
Item#	Menu Items	Carb	Cal	Pro	<u>Fat</u>	<u>Fib</u>	Sod	Item#	Menu Items						
	Breakfast	10	100					00	Breakfast	10	100				
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
88	Peaches	12	60	0	0	0	0	46	Cranraisins	15	50	0	0	0	0
14	Biscuits	12	130	0	0	0	0	49	Cream of Wheat	24	110		0	0	0
	Lunch								Lunch			\vdash			
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
195	Bossco Cheese Bread Sticks	0	0	0	0	0	0	161	Cheese Coney (A) Hamburger (C)	0	0	0	0	0	0
82	Caesar Salad (A) Green Beans (C)	12	80	0	0	0	0	55	French Fries/Catsup	22	110	0	0	0	0
77	Mandarin Oranges	12	60	0	0	0	0	93	Pineapple	15	60	0	0	0	0
	manaam cranges	<u> </u>			Ů			122	WG Bun	12	100	0	0	0	0
										'-					
	Snack								Snack						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
30	Chex Mix	12	80	0	0	0	0								
								130	Cheese String	0	0	0	0	0	0
	Friday, August	1, 2025	5	•			•		-				•	•	•
Item#	Menu Items						1	1							
	Breakfast							1							
b	See Next Month's Menu	0	0	0	0	0	0								
	Lunch														
b	See Next Month's Menu	0	0	0	0	0	0	1							
								I							

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