

Month: June

Year:2025

WEEK 1															
Monday, June 2, 2025								Tuesday, June 3, 2025							
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod
Breakfast								Breakfast							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
10	Banana	15	40	0	0	0	0	46	Cranraisins	15	50	0	0	0	0
16	Muffin wg	30	130	0	0	0	0	49	Cream of Wheat	24	110	0	0	0	0
Lunch								Lunch							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
221	Turkey Club(A ) Turkey&cheese Sand (d	0	0	0	0	0	0	140	Hamburger w/cheese	0	0	0	0	0	0
101	Potato Wedges	15	145	0	0	0	0	223	Baked Beans	0	0	0	0	0	0
77	Mandarin Oranges	12	60	0	0	0	0	93	Pineapple	15	60	0	0	0	0
47	Cream of Chicken & Wild Rice Soup (A)	30	150	0	0	0	0	209	Pasta Salad (A )	0	0	0	0	0	0
121	Bread WG	12	80	0	0	0	0	12	Bun	0	0	0	0	0	0
Snack								Snack							
80	Milk	12	100	0	0	0	0								
202	Vanilla Wafer	0	0	0	0	0	0	4	Apple Juice	12	60	0	0	0	0
								130	Cheese String	0	0	0	0	0	0
Wednesday, June 4, 2025								Thursday, June 5, 2025							
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items						
Breakfast								Breakfast							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
88	Peaches	12	60	0	0	0	0	89	Pears	12	80	0	0	0	0
21	CerealWG	15	100	0	0	0	0	119	WafflesWG	15	80	0	0	0	0
Lunch								Lunch							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
126	Grilled Cheese	0	0	0	0	0	0	107	Sausage &Egg Sandwich	20	210	0	0	0	0
125	Tomato Soup	0	0	0	0	0	0	66	Hashbrowns	22	150	0	0	0	0
6	Applesauce	15	60	0	0	0	0	81	Mixed Fruit	15	100	0	0	0	0
121	Bread WG	12	80	0	0	0	0	14	Biscuits	12	130	0	0	0	0
45	Crackers	20	100	0	0	0	0	Snack							
Snack								Snack							
150	Water	0	0	0	0	0	0	80	Milk	12	100	0	0	0	0
59	Grape Juice	16	20	0	0	0	0	21	CerealWG	15	100	0	0	0	0
Friday, June 6, 2025															
Item#	Menu Items														
Breakfast															
80	Milk	12	100	0	0	0	0								
88	Peaches	12	60	0	0	0	0								
155	Bagel WG	0	0	0	0	0	0								
Lunch															
80	Milk	12	100	0	0	0	0								
124	Tuna Salad (A ) PBJ (C )	0	0	0	0	0	0								
170	tater tots	0	0	0	0	0	0								
77	Mandarin Oranges	12	60	0	0	0	0								
121	Bread WG	12	80	0	0	0	0								
Snack															
80	Milk	12	100	0	0	0	0								
10	Banana	15	40	0	0	0	0								
151	Soft Pretzel WG	15	125	0	0	0	0								

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WEEK 2															
Monday, June 9, 2025								Tuesday, June 10, 2025							
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod
Breakfast								Breakfast							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
77	Mandarin Oranges	12	60	0	0	0	0	81	Mixed Fruit	15	100	0	0	0	0
52	English Muffin Marg/Butter/Jelly	12	100	0	0	0	0	16	Muffin wg	30	130	0	0	0	0
Lunch								Lunch							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
219	Chicken Quesadilla	0	0	0	0	0	0	38	Chiliw/cheese	32	210	0	0	0	0
226	Black Beans (A ) carrots( C )	0	0	0	0	0	0	137	Salad/Dressing (A) Green Beans (C )	0	0	0	0	0	0
39	Cinnamon Apples	17	120	0	0	0	0	88	Peaches	12	60	0	0	0	0
160	Tortilla Chips/Queso( A ) flour tortilla	0	0	0	0	0	0								
74	Lettuce/Tomato/Sour cream	22	65	0	0	0	0	121	Bread WG	12	80	0	0	0	0
Snack								Snack							
								80	Milk	12	100	0	0	0	0
179	Juice	0	0	0	0	0	0								
								5	Apple Slices	8	30	0	0	0	0
202	Vanilla Wafer	0	0	0	0	0	0								
Wednesday, June 11, 2025								Thursday, June 12, 2025							
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items						
Breakfast								Breakfast							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
77	Mandarin Oranges	12	60	0	0	0	0	81	Mixed Fruit	15	100	0	0	0	0
14	Biscuits	12	130	0	0	0	0	54	Fr. ToasT WG	12	180	0	0	0	0
Lunch								Lunch							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
104	Sloppy Joe	0	0	0	0	0	0	228	Hot Dog (A ) Hamburger (C )	0	0	0	0	0	0
220	onion Rings (A ) Smiley Faces(c )	0	0	0	0	0	0	55	French Fries/Catsup	22	110	0	0	0	0
89	Pears	12	80	0	0	0	0	93	Pineapple	15	60	0	0	0	0
41	Cole Slaw (A)	12	110	0	0	0	0								
12	Bun	0	0	0	0	0	0	121	Bread WG	12	80	0	0	0	0
Snack								Snack							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
								57	Goldfish Crackers WG	20	100	0	0	0	0
130	Cheese String	0	0	0	0	0	0								
Friday, June 13, 2025															
Item#	Menu Items														
Breakfast															
80	Milk	12	100	0	0	0	0								
10	Banana	15	40	0	0	0	0								
21	CerealWG	15	100	0	0	0	0								
Lunch															
80	Milk	12	100	0	0	0	0								
217	Grilled Chicken Salad (A) chic nugget(C	0	0	0	0	0	0								
137	Salad/Dressing (A) Green Beans (C )	0	0	0	0	0	0								
10	Banana	15	40	0	0	0	0								
121	Bread WG	12	80	0	0	0	0								
Snack															
80	Milk	12	100	0	0	0	0								
136	Graham Crackers WG	0	0	0	0	0	0								

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WEEK 3															
Monday, June 16, 2025								Tuesday, June 17, 2025							
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod
Breakfast								Breakfast							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
88	Peaches	12	60	0	0	0	0	6	Applesauce	15	60	0	0	0	0
155	Bagel WG	0	0	0	0	0	0	83	Oatmeal	29	210	0	0	0	0
Lunch								Lunch							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
13	Big Boy Casserole	40	250	0	0	0	0	11	BBQ w/bun	0	0	0	0	0	0
55	French Fries/Catsup	22	110	0	0	0	0	44	Corn Pudding (A)/ Green Beans	30	150	0	0	0	0
93	Pineapple	15	60	0	0	0	0	77	Mandarin Oranges	12	60	0	0	0	0
12	Bun	12	0	0	0	0	0								
								12	Bun	0	0	0	0	0	0
Snack								Snack							
80	Milk	12	100	0	0	0	0								
202	Vanilla Wafer	0	0	0	0	0	0	4	Apple Juice	12	60	0	0	0	0
								151	Soft Pretzel WG	15	125	0	0	0	0
Wednesday, June 18, 2025								Thursday, June 19, 2025							
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items						
Breakfast								Breakfast							
80	Milk	12	100	0	0	0	0								
81	Mixed Fruit	15	100	0	0	0	0	182	HOLIDAY/ NO SCHOOL	0	0	0	0	0	0
14	Biscuits	12	130	0	0	0	0								
Lunch								Lunch							
80	Milk	12	100	0	0	0	0								
63	Grilled Chicken	3	60	0	0	0	0								
18	Broccoli	10	80	0	0	0	0	182	HOLIDAY/ NO SCHOOL	0	0	0	0	0	0
89	Pears	12	80	0	0	0	0								
227	Noodles	0	0	0	0	0	0								
106	Roll	15	100	0	0	0	0								
Snack								Snack							
80	Milk	12	100	0	0	0	0								
								182	HOLIDAY/ NO SCHOOL	0	0	0	0	0	0
136	Graham Crackers WG	0	0	0	0	0	0								
Friday, June 20, 2025															
Item#	Menu Items														
Breakfast															
80	Milk	12	100	0	0	0	0								
81	Mixed Fruit	15	100	0	0	0	0								
141	Pancakes WG	35	210	0	0	0	0								
Lunch															
80	Milk	12	100	0	0	0	0								
96	Pizza WG	35	225	0	0	0	0								
137	Salad/Dressing (A) Green Beans (C )	0	0	0	0	0	0								
77	Mandarin Oranges	12	60	0	0	0	0								
Snack															
80	Milk	12	100	0	0	0	0								
202	Vanilla Wafer	0	0	0	0	0	0								

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REDWOOD

MENU

Month: June

Year:2025

WEEK 4															
Monday, June 23, 2025								Tuesday, June 24, 2025							
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod
Breakfast								Breakfast							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
179	Juice	0	0	0	0	0	0	89	Pears	12	80	0	0	0	0
155	Bagel WG	0	0	0	0	0	0	52	English Muffin Marg/Butter/Jelly	12	100	0	0	0	0
Lunch								Lunch							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
218	Quiche'	0	0	0	0	0	0	115	Turkey Cheese Sandwich	5	130	0	0	0	0
131	Spring Salad (A) smiley faces(C )	0	0	0	0	0	0	118	Vegetable Soup	22	180	0	0	0	0
77	Mandarin Oranges	12	60	0	0	0	0	93	Pineapple	15	60	0	0	0	0
16	Muffin wg	30	130	0	0	0	0	121	Bread WG	12	80	0	0	0	0
Snack								Snack							
150	Water	0	0	0	0	0	0	80	Milk	12	100	0	0	0	0
45	Crackers	20	100	0	0	0	0								
152	Cheese	0	0	0	0	0	0	151	Soft Pretzel WG	15	125	0	0	0	0
Wednesday, June 25, 2025								Thursday, June 26, 2025							
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items						
Breakfast								Breakfast							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
77	Mandarin Oranges	12	60	0	0	0	0	88	Peaches	12	60	0	0	0	0
16	Muffin wg	30	130	0	0	0	0	204	Cinnamon Roll	0	0	0	0	0	0
Lunch								Lunch							
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
1	Chili and Cheese 3 Way	0	0	0	0	0	0	103	Pulled Beef Sandwich	#####	#####	#####	#####	#####	#REF!
82	Caesar Salad (A) peas(C )	12	80	0	0	0	0	79	Mashed Potato	34	160	0	0	0	0
89	Pears	12	80	0	0	0	0	10	Banana	15	40	0	0	0	0
45	Crackers	20	100	0	0	0	0	12	Bun	0	0	0	0	0	0
								99	Potato Chips (A)	25	165	0	0	0	0
Snack								Snack							
150	Water	0	0	0	0	0	0	80	Milk	12	100	0	0	0	0
								5	Apple Slices	8	30	0	0	0	0
29	Cheese-Its WG	17	100	0	0	0	0								
Friday, June 27, 2025															
Item#	Menu Items														
Breakfast															
80	Milk	12	100	0	0	0	0								
4	Apple Juice	12	60	0	0	0	0								
119	WafflesWG	15	80	0	0	0	0								
Lunch															
80	Milk	12	100	0	0	0	0								
53	Fish	17	150	0	0	0	0								
55	French Fries/Catsup	22	110	0	0	0	0								
81	Mixed Fruit	15	100	0	0	0	0								
12	Bun	0	0	0	0	0	0								
Snack															
80	Milk	12	100	0	0	0	0								
25	COLD Cereal WG	29	210	0	0	0	0								

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REDWOOD

MENU

Month: June

Year:2025

WEEK 5															
Monday, June 30, 2025								Tuesday, July 1, 2025							
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod
Breakfast								Breakfast							
80	Milk	12	100	0	0	0	0								
88	Peaches	12	60	0	0	0	0								
25	COLD Cereal WG	29	210	0	0	0	0	B	See Next Month's Menu	0	0	0	0	0	0
Lunch								Lunch							
80	Milk	12	100	0	0	0	0								
194	Beef Tips over Rice	0	0	0	0	0	0								
61	Green Beans	9	40	0	0	0	0	B	See Next Month's Menu	0	0	0	0	0	0
77	Mandarin Oranges	12	60	0	0	0	0								
105	Rice	22	210	0	0	0	0								
106	Roll	15	100	0	0	0	0								
Snack								Snack							
80	Milk	12	100	0	0	0	0								
								B	See Next Month's Menu	0	0	0	0	0	0
151	Soft Pretzel WG	15	125	0	0	0	0								
Wednesday, July 2, 2025								Thursday, July 3, 2025							
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items						
Breakfast								Breakfast							
B	See Next Month's Menu	0	0	0	0	0	0	B	See Next Month's Menu	0	0	0	0	0	0
Lunch								Lunch							
B	See Next Month's Menu	0	0	0	0	0	0	B	See Next Month's Menu	0	0	0	0	0	0
B	See Next Month's Menu	0	0	0	0	0	0	B	See Next Month's Menu	0	0	0	0	0	0
Snack								Snack							
B	See Next Month's Menu	0	0	0	0	0	0								
Friday, July 4, 2025															
Item#	Menu Items														
Breakfast															
B	See Next Month's Menu	0	0	0	0	0	0								
Lunch															
Snack															
B	See Next Month's Menu	0	0	0	0	0	0								

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